

NUTRITIONAL FACTS

EGG HARBOR

Original Japanese Style Ebi Fried Shrimp

INGREDIENTS: Shrimp, Wheat Flour, Water, Starch, Corn Flour, Shortening, Salt, Sugar, Guar Gum, Yeast, Sodium Tripolyphosphate, Calcium Carbonate, Seasoning (Amino Acid), Yeast Food.

CONTAINS: Wheat, Palm Oil, Shellfish

NUTRITION FACTS	
12 servings per container	
Serving size	4oz (113.4g)
Amount Per Serving	
Calories	123
	% Daily Value *
Total Fat 1g	1 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 57mg	19 %
Sodium 839mg	36 %
Total Carbohydrate 17g	6 %
Dietary Fiber 1g	4 %
Total Sugars 2g	
Protein 12g	
Vitamin D 0mcg	0 %
Calcium 44mg	5 %
Iron 0mg	0 %
Potassium 85mg	2 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

NUTRITIONAL FACTS

EGG HARBOR

Garlic Japanese Style Ebi Fried Shrimp

INGREDIENTS: Shrimp, Sodium Tripolyphosphate, Salt, Stabilizer (Tapioca starch), Vegetable oil, Mono and Di-glycerides of fatty acid, Corn Starch, Wheat Flour, Tapioca Starch, Fat powder (Vegetable fat, Corn starch), Thickening agent (Guar gum), Wheat Gluten, Flavor enhancer, Raising agent, Garlic flavor, Water, Shortening, Yeast, Sugar, Bread improver (Corn Starch, Calcium carbonate, Calcium sulfate, Ascorbic acid, Alpha amylase), Palm Oil.

CONTAINS: Crustacean (Shrimp), Gluten [Wheat]

NUTRITION FACTS	
about 10 servings per container	
Serving size	4oz (113.4g)
Amount Per Serving	
Calories	158
	% Daily Value *
Total Fat 1g	1 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 57mg	19 %
Sodium 658mg	28 %
Total Carbohydrate 28g	10 %
Dietary Fiber 2g	8 %
Total Sugars 1g	
Protein 9g	
Vitamin D 0mcg	0 %
Calcium 0mg	0 %
Iron 0.4 mg	2 %
Potassium 0mg	0 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	