

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

7.25-8.5lb Hickory Smoked Bone-In Ham

Nutrition Facts	
Serving size	3 ounces (84g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 50mg	17%
Sodium 800mg	35%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: HAM, WATER, SALT, BROWN SUGAR, CANE SUGAR, CONTAINS 2% OR LESS OF: SODIUM PHOSPHATE, VINEGAR, HONEY POWDER (CANE SUGAR, HONEY), ASCORBIC ACID, SODIUM NITRITE.

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3 oz Brown Sugar Ham Glaze Mix

Nutrition Facts	
17 servings per container	
Serving size	1 Tsp
Amount Per Serving	
Calories	20
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: BROWN SUGAR, SUGAR, SALT, SPICES, SOYBEAN OIL (AS A PROCESSING AID), NATURAL FLAVOR, MAPLE SYRUP, VANILLA EXTRACT, MOLASSES, NOT MORE THAN 2% OF SILICON DIOXIDE ADDED TO PREVENT CAKING.

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Original Steak Seasoning Packet



The front of the packet features the Kansas City Steak Company logo (Established 1932) and five stars. Below the stars is the text "ORIGINAL TASTE. IT MATTERS." and "STEAK SEASONING". The main body of text describes the seasoning mixture and provides cooking instructions for rare, med. rare, and medium steaks, along with charcoal preparation tips. A nutrition facts table is located at the bottom left, and the distributor information is at the bottom.

ESTABLISHED 1932
THE *Kansas City* STEAK COMPANY

★ ★ ★ ★ ★
ORIGINAL
TASTE. IT MATTERS.
STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE	MED. RARE	MEDIUM
120°F-130°F	130°F-140°F	140°F-150°F
7 MIN. >	9 MIN. >	9 MIN. >
FLIP, 7 MIN.	FLIP, 7 MIN.	FLIP, 9 MIN.

We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

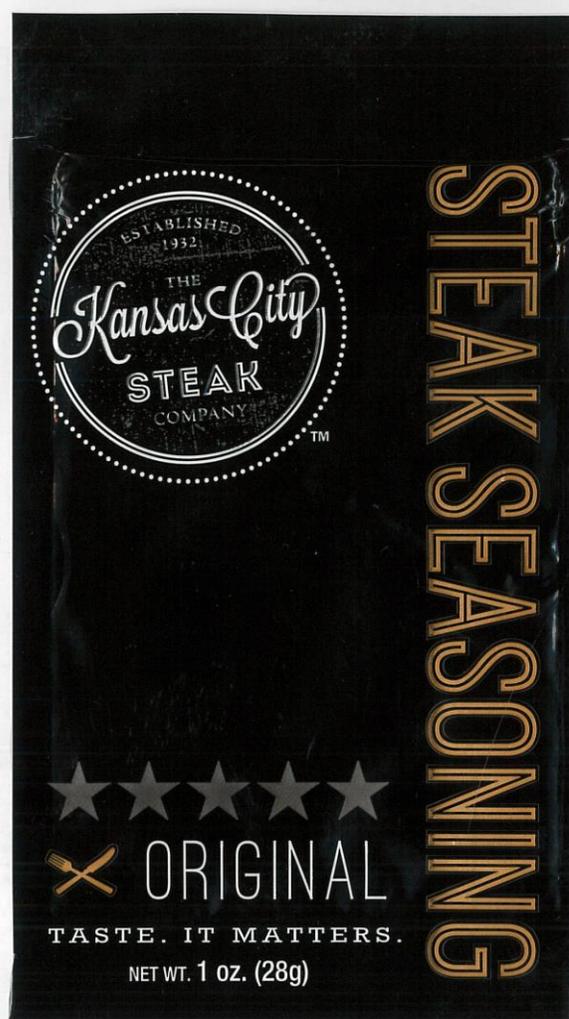
Nutrition Facts
Serving Size 1/4 tsp (0.8g)
Servings: About 35

Amount Per Serving	Calories 0	Calories from Fat 0
	% Daily Value*	
Total Fat 0g	0%	
Sodium 200mg	8%	
Total Carbohydrate 0g	0%	
Protein 0g		

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI CAKE).

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
kansascitysteaks.com 800 524 1844



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★ ★ ★ ★ ★
ORIGINAL
TASTE. IT MATTERS.
STEAK SEASONING

NET WT. 1 oz. (28g)