

## 2 LB. CLEAR BAG IQF BREADED PAR FRIED CATFISH STRIPS

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>4 oz (113g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>250</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 650mg	<b>28%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.9mg	6%
Potassium 340mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS: Catfish** (Catfish, Water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid, And Ascorbic Acid), Batter (Water, Wheat flour, Modified Corn Starch, Rice Flour, Egg Whites, Salt, Soybean Oil (As A Processing Aid), Xanthan Gum), Soybean Oil, Seasoned Breading (Yellow Corn Meal, Yellow Corn Flour, Salt, Spice, Monosodium Glutamate (MSG), Citric Acid, Dried Garlic, Paprika, Tri-Calcium Phosphate (To Prevent Caking)), Seasoned Flour Blend (Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Monosodium Glutamate (MSG), Celery Seed).

**Contains:** Catfish, Wheat, Eggs.