



SERGIO'S

BRINGING MY ITALY TO YOU

Sergio's Italian Blend Cheese

Cultured pasteurized milk, salt, enzymes.

Servings per container	Varied	
Serving Size	28g/1oz	
Amount per serving		
Calories	105	
		% Daily Value*
Total Fat	8g	10%
Saturated Fat	6g	30%
Trans Fat	0g	
Cholesterol	30mg	10%
Sodium	170mg	7%
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	7g	14%
Vitamin D	0 mcg	0%
Calcium	200mg	15%
Iron	0mg	0%
Potassium	34mg	<1%

Braswell's Fig Preserve

Figs, cane sugar, pectin, citric acid and lemon juice concentrate.

Nutrition Facts	
servings per container	
Serving size 1 Tbs (20g/0.7 oz)	
Amount per serving	
Calories	50
	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 11g Added Sugars	21%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 25mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Giorgio's Finocchiona Salami

Pork, natural flavoring (sorbitols, potassium chloride salt, maltodextrin, white pepper, fennel seed, dehydrated garlic, yeast extract, wine extract, pepper extract, dextrose, salt, dietary fiber), celery powder, lactic acid starter culture.

Nutrition Facts	
5 Servings per Container	
Serving Size	1 OZ (28g)
Amount Per Serving	
Calories	90
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 530mg	23%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0.3mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 390mg	8%
Vitamin A 0mcg	0%
Vitamin C 1mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

