

NUTRITIONAL FACTS

Nutrition Facts	
12 servings per container	
Serving size	5 Nuggets (142g)
Amount Per Serving	
Calories	410
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	23%
Total Carbohydrate 77g	28%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 5.1mg	30%
Potassium 150mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: BLEACHED, ENRICHED FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, DARK BROWN SUGAR (CANE SUGAR, CANE SYRUPS), SALT, ENZYMES, CULTURED WHEAT STARCH, YEAST

CONTAINS: WHEAT

MANUFACTURED BY: THE PRETZEL COMPANY - 75
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