

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

3 (1lb) Tenderloin Tips

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (112g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>320</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 26g	<b>33%</b>
Saturated Fat 11g	<b>55%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 80mg	<b>27%</b>
<b>Sodium</b> 55mg	<b>2%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 2.7mg	15%
Potassium 0mg	0%
Vitamin A	0%
Vitamin C	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** Beef

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1 (6.5oz) Bottle Original Steak Seasoning

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1/2 Tsp (0.8g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>0</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 0g	<b>0%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Salt, Spices, Dehydrated Garlic, Tricalcium Phosphate (Anti-Cake)

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## Original Steak Seasoning Packet



ESTABLISHED 1932  
THE Kansas City STEAK COMPANY

★ ★ ★ ★ ★  
ORIGINAL  
TASTE. IT MATTERS.

### STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

<b>RARE</b> 120°F-130°F 7 MIN. > FLIP, 7 MIN.	<b>MED. RARE</b> 130°F-140°F 9 MIN. > FLIP, 7 MIN.	<b>MEDIUM</b> 140°F-150°F 9 MIN. > FLIP, 9 MIN.
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**CHARCOAL PREPARATION**

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

**Nutrition Facts**  
Serving Size 1/4 tsp (0.8g)  
Servings: About 35

Amount Per Serving		Calories from Fat 0	
	Calories 0		% Daily Value*
Total Fat 0g			0%
Sodium 200mg			8%
Total Carbohydrate 0g			0%
Protein 0g			

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI CAKE).

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106  
kansascitysteaks.com 800 524 1844



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# STEAK SEASONING

★ ★ ★ ★ ★  
ORIGINAL  
TASTE. IT MATTERS.

NET WT. 1 oz. (28g)