

# KiZe Bars

## Oatmeal Chocolate Chip

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>1 BAR (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 2g	<b>9%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 55mg	<b>2%</b>
<b>Total Carbohydrate</b> 15g	<b>6%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 8g	
Includes 5g Added Sugars	<b>10%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 10mg	2%
Iron 0.7mg	4%
Potassium 60mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Peanut Butter, Honey, Gluten Free Rolled Oats, Chocolate Chips, Dates, Pea Protein, Coconut Oil, Sea Salt

# KiZe Bars

## Peanut Butter Honey

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size 1 BAR (28g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>11%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 2g	<b>6%</b>
Total Sugars 7g	
Includes 5g Added Sugars	<b>9%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	2%
Potassium 30mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Peanut Butter, Honey, Gluten Free Rolled Oats, Dates, Coconut Oil, Sea Salt