

# NUTRITIONAL FACTS

FAMILY FARMS

## Family Farms (12) 14-oz Bacon Wrapped Stuffed Chicken

| Cordon Bleu   | Spinach & Sun-Dired Tomato  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
|---|---|--|--------------------------|--|---------------------|-----------------|---------------------------|--|-----------------|------------|-------|--|----------------|--|----------------------|------------|---------------------|------------|-----------------|--|--------------------------|------------|----------------------|------------|------------------------------|-----------|------------------|-----------|-----------------|--|--------------------------|-----------|--------------------|------------|-------------------|----|---------------|-----|-------------|----|------------------------|------------|--|--|--|------------------------|--|--------------------------|--|---------------------|-----------------|---------------------------|--|-----------------|------------|-------|--|----------------|--|----------------------|------------|--------------------|------------|-----------------|--|-------------------------|------------|---------------------|------------|------------------------------|-----------|------------------|-----------|-----------------|--|--------------------------|-----------|--------------------|------------|-------------------|----|---------------|-----|-------------|----|------------------------|------------|--|--|
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<b>0%</b> | <b>Protein</b> 34g | <b>68%</b> | Vitamin D 0.15mcg | 0% | Calcium 543mg | 40% | Iron 0.58mg | 4% | <b>Potassium</b> 492mg | <b>10%</b> | *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |  | <table border="1"> <thead> <tr> <th colspan="2" data-bbox="859 520 1362 583"><b>Nutrition Facts</b></th> </tr> </thead> <tbody> <tr> <td colspan="2" data-bbox="859 592 1362 625">3 servings per container</td> </tr> <tr> <td data-bbox="859 627 1362 667"><b>Serving size</b></td> <td data-bbox="1140 627 1362 667">4.667 oz (133g)</td> </tr> <tr> <td colspan="2" data-bbox="859 676 1362 709"><b>Amount Per Serving</b></td> </tr> <tr> <td data-bbox="859 709 1362 762"><b>Calories</b></td> <td data-bbox="1248 699 1362 762"><b>350</b></td> </tr> <tr> <td colspan="2" data-bbox="859 772 1362 806"><hr/></td> </tr> <tr> <td colspan="2" data-bbox="859 806 1362 835" style="text-align: 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|  | <b>Calories</b> | <b>350</b> | <hr/> |  | % Daily Value* |  | <b>Total Fat</b> 20g | <b>26%</b> | Saturated Fat 7.3g | <b>37%</b> | Trans Fat 0.72g |  | <b>Cholesterol</b> 90mg | <b>30%</b> | <b>Sodium</b> 970mg | <b>42%</b> | <b>Total Carbohydrate</b> 9g | <b>3%</b> | Dietary Fiber 2g | <b>7%</b> | Total Sugars 4g |  | Includes 0g Added Sugars | <b>0%</b> | <b>Protein</b> 34g | <b>68%</b> | Vitamin D 0.16mcg | 0% | Calcium 297mg | 25% | Iron 1.36mg | 8% | <b>Potassium</b> 718mg | <b>15%</b> | *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |  |
| <b>Nutrition Facts</b>  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| 3 servings per container  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Serving size</b>   | 4.667 oz (133g)   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Amount Per Serving</b>   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Calories</b>   | <b>330</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <hr/>   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| % Daily Value*  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Total Fat</b> 20g  | <b>26%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Saturated Fat 8.61g   | <b>43%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Trans Fat 0.21g   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Cholesterol</b> 105mg  | <b>35%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Sodium</b> 1030mg  | <b>45%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Total Carbohydrate</b> 2g  | <b>1%</b>   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Dietary Fiber 0g  | <b>0%</b>   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Total Sugars 1g   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Includes 0g Added Sugars  | <b>0%</b>   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Protein</b> 34g  | <b>68%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Vitamin D 0.15mcg   | 0%  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Calcium 543mg   | 40%   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Iron 0.58mg   | 4%  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Potassium</b> 492mg  | <b>10%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Nutrition Facts</b>  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| 3 servings per container  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Serving size</b>   | 4.667 oz (133g)   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Amount Per Serving</b>   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Calories</b>   | <b>350</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <hr/>   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| % Daily Value*  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Total Fat</b> 20g  | <b>26%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Saturated Fat 7.3g  | <b>37%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Trans Fat 0.72g   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Cholesterol</b> 90mg   | <b>30%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Sodium</b> 970mg   | <b>42%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Total Carbohydrate</b> 9g  | <b>3%</b>   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Dietary Fiber 2g  | <b>7%</b>   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Total Sugars 4g   |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Includes 0g Added Sugars  | <b>0%</b>   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Protein</b> 34g  | <b>68%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Vitamin D 0.16mcg   | 0%  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Calcium 297mg   | 25%   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| Iron 1.36mg   | 8%  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <b>Potassium</b> 718mg  | <b>15%</b>  |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  |   |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |
| <p>Chicken Boneless Skinless Breast Meat, Bacon (Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), Hi-Temp Swiss Cheese (pasteurized processed Swiss cheese (cultured milk, salt, enzymes), water, cream, sodium phosphate, salt, sorbic acid [preservative], powdered cellulose [to prevent caking], potassium sorbate and/or natamycin [preservatives]), Virginia Brand Ham (cured with water, salt, sodium phosphates, sodium erythorbate, sodium nitrite, flavor).<br/>Allergens- Contains Milk/Dairy</p>   | <p>Chicken Boneless Skinless Breast Meat, Bacon (Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), Hi-Temp Swiss Cheese (pasteurized processed Swiss cheese (cultured milk, salt, enzymes), water, cream, sodium phosphate, salt, sorbic acid [preservative], powdered cellulose [to prevent caking], potassium sorbate and/or natamycin [preservatives]), Sun Dried Tomato (sun dried tomatoes, sulfur dioxide, citric acid, glucose, potassium sorbate), Spinach, Ranch Seasoning (salt, monosodium glutamate, garlic*, modified corn starch, spices, onion*, maltodextrin, natural flavor, guar gum, calcium stearate. *Dried). Allergens- Contains Milk/Dairy and Soy</p> |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                     |            |                 |  |                          |            |                      |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |  |                        |  |                          |  |                     |                 |                           |  |                 |            |       |  |                |  |                      |            |                    |            |                 |  |                         |            |                     |            |                              |           |                  |           |                 |  |                          |           |                    |            |                   |    |               |     |             |    |                        |            |  |  |