

# NUTRITIONAL FACTS

AUSTRALIS

## Plain Skinless Barramundi Seabass

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>6 oz (168g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 80mg	27%
<b>Sodium</b> 50mg	2%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	2%
<b>Protein</b> 32g	
<b>Vitamin D</b> 15mcg	80%
<b>Calcium</b> 13mg	0%
<b>Iron</b> 0mg	0%
<b>Potassium</b> 550mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** BARRAMUNDI.

# NUTRITION INFORMATION

**1 SERVINGS PER CONTAINER**

**1 OZ PER SERVING**

Calories 180

**% Daily Value**

Total Fat 20g 26%

Saturated Fat 10g 50%

Trans Fat 0.5g

Cholesterol 55mg 18%

Sodium 130mg 6%

Total Carbohydrate <1g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0%

Calcium 0%

Iron 0%

Potassium 0%

Ingredients: Grade AA Butter (pasteurized cream, lactic acid), Roasted Garlic (garlic, citric acid), Expeller Pressed Canola Oil, Parsley, Basil, Oregano, Chives, Onion Salt, Garlic Salt, Black Pepper

**Contains: milk**

**No artificial colors or flavors**

# NUTRITION INFORMATION

**7 SERVINGS PER CONTAINER**

**1 TBSP PER SERVING**

Calories 90

**% Daily Value**

Total Fat 10g 13%

Saturated Fat 5g 25%

*Trans* Fat 0g

Cholesterol 30mg 10%

Sodium 10mg 0%

Total Carbohydrate <1g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0%

Calcium 0%

Iron 0%

Potassium 0%

Ingredients: Grade AA Butter (pasteurized cream, lactic acid), Tuscan Herb Paste (garlic, canola/olive oil, parsley, thyme, basil, rosemary, salt, citric acid, black pepper), Roasted Garlic

**Contains: milk**

**No artificial colors or flavors**