

NUTRITIONAL FACTS

ANDERSON SEAFOODS

(4) 16 oz. Wild Cod Fritters

Nutrition Facts	
Serving Size	1 fillet 2.5 oz (71g)
About 6 to 8 pieces per container	
Amount Per Serving	
Calories	110
Daily Value %	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 350mg	15%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 1g Added	0%
Protein 8g	
Vitamin D 0mcg	0%
Iron 0mg	20%
Calcium 32mg	2%
Vitamin C	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Ingredients:

Cod, Water, Corn Flour, Wheat Flour, Soybean Oil, Wheat Starch, Rice Flour, Salt, Wheat Gluten, Onion Powder, Garlic Powder, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Spice, Sunflower Oil.

Allergen: Cod and Wheat