



SERGIO'S

BRINGING MY ITALY TO YOU

Giorgio's Maple Salami 5 oz

Pork, salt, natural flavorings, maple extract, cultured celery powder, dextrose, maltodextrin, yeast extract, potassium chloride salt, spices, starter culture. Stuffed in natural or collagen casing.

Nutrition Facts	
5 Servings per Container	
Serving Size	1 OZ (28g)
Amount Per Serving	
Calories	110
<small>% Daily Value*</small>	
Total Fat 9g	12%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 460mg	20%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0.4mcg	2%
Calcium 0mg	0%
Iron 0.6mg	4%
Potassium 300mg	6%
Vitamin A 0mcg	0%
Vitamin C 1mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Rustic Bakery Rosemary & Olive Oil Flatbread Bites 4 oz

Organic Wheat Flour, Organic Sourdough Starter (organic wheat flour, water), Organic Cane Sugar, Organic Olive Oil, Sea Salt, Sel Gris, Organic Rosemary

Nutrition Facts	
4 servings per container	
Serving size	1 oz (28g)
Amount per serving	
Calories	80
<small>% Daily Value*</small>	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	3%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	2%
Potassium 30mg	0%

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Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Braswells Fig Preserves 5 oz

Fig, cane sugar, pectin, citric acid and lemon juice concentrate.

Nutrition Facts	
servings per container	
Serving size	1 Tbs (20g/0.7 oz)
Amount per serving	
Calories	50
<small>% Daily Value*</small>	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 11g Added Sugars	21%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 25mg	0%

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Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Hunters Reserve Smoked Gouda Cheese 4 oz

Cultured pasteurized milk, water, salt, sodium phosphate, sorbic acid (as a preservative), natural smoke flavor, enzymes.

Allergens: Contains milk.

NUTRITIONAL INFORMATION	
SERVINGS	1 Ounce / 28 grams per serving
CALORIES	100
TOTAL FAT	8 g (10% DV)
SATURATED FAT	6 g (30% DV)
TRANS FAT	0 g
CHOLESTEROL	25 mg (8% DV)
SODIUM	360 mg (16%)
TOTAL CARBOHYDRATES	1 g (0% DV)
DIETARY FIBER	0 g
TOTAL SUGARS	0 g
ADDED SUGARS	0 g
PROTEIN	6 g
VITAMIN D	0 mcg (0% DV)
CALCIUM	183 mg (15% DV)
IRON	0 mg (0% DV)
POTASSIUM	23 mg (0% DV)

* Nutritional values are typical and not analyzed by every lot. These values are from a combination of calculations and analytical data.

Giorgio's Sliced Coppa 3 oz

Pork shoulder, salt, sugar, garlic, spices, sodium nitrite

Nutrition Facts	
18 Servings per Container	
Serving Size	1oz (28g)
Amount Per Serving	
Calories	90
<small>% Daily Value*</small>	
Total Fat 7.0g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 850mg	37%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0.4mcg	2%
Calcium 0mg	0%
Iron 0.36mg	2%
Potassium 120mg	2%
Vitamin A 1mcg	0%
Vitamin C 2mg	2%

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