

NUTRITIONAL FACTS

SQUIRREL BRAND

2 can Town & Country Mixes Original Town & Country

Nutrition Facts	
about 15 serving per container	
Serving size	1/4 cup (31g)
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 15g	19%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	8%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.9mg	4%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], SOYBEAN OIL, SESAME SEEDS, BULGUR WHEAT, SEA SALT, CONTAINS LESS THAN 1% OF EACH OF THE FOLLOWING: SOY PROTEIN CONCENTRATE AND TURMERIC AND BEET POWDER [COLOR]), PEANUTS, SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, GARLIC POWDER, CHEDDAR CHEESE POWDER (CHEDDAR CHEESE [MILK, SALT, CULTURES, ENZYMES], WHEY AND EXTRACTIVE OF ANNATTO AND TURMERIC [COLOR]), MALTODEXTRIN, SALT, CITRIC ACID), WHEY, DEXTROSE, BUTTERMILK, ONION POWDER, NONFAT DRY MILK, CITRIC ACID.

NUTRITIONAL FACTS

SQUIRREL BRAND

Sweet Town & Country Mix

Nutrition Facts	
about 15 serving per container	
Serving size	1/4 cup (31g)
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 10g	4%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.8mg	4%
Potassium 130mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HONEY ROAST SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED], SUGAR, SESAME SEEDS, BULGUR WHEAT, CONTAINS LESS THAN 2% OF THE FOLLOWING: HONEY, SALT, SOY PROTEIN CONCENTRATE, MODIFIED POTATO STARCH, MALTODEXTRIN, TURMERIC AND BEET POWDER [COLOR], XANTHAN GUM), HONEY ROAST PEANUTS (PEANUTS, SUGAR, HONEY, VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED], SALT, MODIFIED POTATO STARCH, MALTODEXTRIN, XANTHAN GUM), SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), SALT.