

NUTRITIONAL FACTS

COYOTE SONG FARMS

Mixed Nuts

MIXED NUTS ROASTED SALTED

Net Wt. 16 oz. (453g)

Nutrition Facts

about 15 Servings per Container

Serving Size 1/4CUP (30g)

Amount per serving
Calories 190

		% Daily Value*
Total Fat	17g	26%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	120mg	5%
Total Carbohydrate	6g	2%
Dietary Fiber	2g	8%
Total Sugars	1g	
Includ. Added Sugars	0g	0%
Protein	6g	
Vit. D	0mcg	0%
*Calcium		4%
Iron	4%	*Potass. 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

MANUFACTURED ON
SHARED EQUIPMENT WITH
PEANUTS, TREE NUTS,
SESAME, SOYBEANS,
MILK, EGGS, AND WHEAT.



INGREDIENTS: PEANUTS, ALMONDS,
CASHEWS, HAZELNUTS, PECAN,
SUNFLOWER OIL AND SALT, CASHEWS
PRODUCT OF INDIA, VIETNAM OR BRAZIL.

www.CoyoteSongFarms.com Chicago, IL 60707

NUTRITIONAL FACTS

COYOTE SONG FARMS

Energy Mix

ENERGY MIX
Net Wt. 16 oz. (453g)

Nutrition Facts

about 15 Servings per Container

Serving Size 1/4CUP (30g)

Amount per serving
Calories 158

% Daily Value*

Total Fat 11g 17%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 13g 4%

Dietary Fiber 2g 8%

Total Sugars 6g

Includ. 4g Added Sugars 8%

Protein 5g

Vit. D 0mcg 0% *Calcium 4%

Iron 8% *Potass. 0mg 0%

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MANUFACTURED ON
SHARED EQUIPMENT WITH
PEANUTS, TREE NUTS,
SESAME, SOYBEANS,
MILK, EGGS, AND WHEAT.



INGREDIENTS: THOMPSON SEEDLESS RAISINS, PEANUTS, SUNFLOWER MEATS, CHOCOLATE GEMS (MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE LIQUOR, WHOLE MILK POWDER, SOY LECITHIN (AN EMULSIFIER), SALT, VANILLA, SUGAR, LESS THAN 1% OF GUM ACACIA, CORN SYRUP, ARTIFICIAL COLORING (INCLUDES YELLOW #6 & 8 LAKE, BLUE 1 & 2 LAKE, RED 40 LAKE, YELLOW 6), AND CARNAUBA WAX), CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, MILKFAT, SOY LECITHIN, SALT, VANILIN (ARTIFICIAL FLAVOR)), AND SUNFLOWER OIL. PRODUCT OF USA. CONTAINS: PEANUTS, MILK, SOY. MAY CONTAIN: TREE NUTS, SESAME, EGGS, WHEAT.

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