

Mama Mancini 3-Cheese Stuffed Chicken Parm Meatballs

Nutrition Facts			
About 3 servings per container			
Serving size		5oz (140g)	
Calories	Per serving		Per container
	120		370
		% DV*	% DV*
Total Fat	3.5g	4%	10g 13%
Saturated Fat	2g	10%	6g 30%
<i>Trans</i> Fat	0g		0g
Cholesterol	30mg	10%	105mg 35%
Sodium	550mg	24%	1760mg 77%
Total Carbohydrate	11g	4%	35g 13%
Dietary Fiber	2g	7%	7g 25%
Total Sugars	4g		13g
Included Added Sugars	0g	0%	0g 0%
Protein	12g		37g
Vitamin D	0mcg	0%	0mcg 0%
Calcium	150mg	10%	470mg 35%
Iron	0.8mg	4%	2.6mg 15%
Potassium	410mg	8%	1320mg 30%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice

Ingredients: Italian Style Sauce: Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Black Pepper, Bay Leaf, Basil. **Cheese Stuffed Chicken Meatballs:** Chicken Meatballs (ground chicken breast with rib meat, breadcrumbs [unbleached wheat flour, sugar, yeast, salt], caramelized onions, pecorino romano cheese [pasteurized sheep's milk, cheese cultures, salt, enzymes], parmesan cheese [pasteurized cow's milk, cheese cultures, salt, enzymes], whole eggs, parsley, salt, black pepper), Cheese Filling (mozzarella cheese [pasteurized milk, cheese cultures, salt, enzymes], powdered cellulose [to prevent caking], ricotta cheese [pasteurized whole milk, vinegar, salt], pecorino romano cheese [pasteurized sheep's milk, cheese cultures, salt, enzymes], parmesan cheese [pasteurized cow's milk, cheese cultures, salt, enzymes]).

Contains: Wheat, Milk, Egg