

# NUTRITIONAL FACTS

## Nutrition Facts

Varied servings per container

**Serving size** 1 Pretzel (117g)

**Amount Per Serving**

**Calories** 300

**% Daily Value\***

**Total Fat** 4g 5%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 380mg 17%

**Total Carbohydrate** 56g 20%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes 2g Added Sugars 4%

**Protein** 9g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 3.7mg 20%

Potassium 110mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, LESS THAN 2% OF: DARK BROWN SUGAR (BROWN CANE SUGAR), SALT, CULTURED WHEAT STARCH, VINEGAR, ENZYMES, YEAST

CONTAINS: WHEAT

MANUFACTURED BY: THE PRETZEL COMPANY - 75 ABERDEEN ROAD YORK, PA 17406