

NUTRITIONAL FACTS

Cheezmos

Nutrition Facts

About 7 servings per container

Serving size About 28 pieces (28g)

Amount per serving

Calories

130

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 18g **7%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 2g

Vit. D 0mcg 0% • Calcium 20mg 2%

Iron 0.2mg 2% • Potas. 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC MILLED CORN, ORGANIC AVOCADO OIL, ORGANIC TAPIOCA SOLIDS, ORGANIC CHEDDAR CHEESE (ORGANIC MILK, CULTURES, SALT, ENZYMES), SEA SALT, ORGANIC BUTTERMILK, ORGANIC FLAVOR, ORGANIC BUTTER (ORGANIC CREAM, SALT), ORGANIC ANNATTO EXTRACT, ORGANIC YEAST EXTRACT, ORGANIC NONFAT DRY MILK, LACTIC ACID.

CONTAINS MILK.

PRODUCED IN A FACILITY THAT USES COCONUT AND EGG INGREDIENTS.

NUTRITIONAL FACTS

Nutrition Facts	
6 servings per container	
Serving size 28g / About 16 rings	
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 6g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 19g	7%
Dietary Fiber <1g	3%
Total Sugars 3g	
Includes 2g Added Sugars	5%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 35mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
INGREDIENTS: ORGANIC WHOLE GRAIN YELLOW CORN, ORGANIC AVOCADO OIL, ORGANIC RAW CANE SUGAR, ORGANIC ONION POWDER, SEA SALT, ORGANIC GARLIC POWDER, ORGANIC SPICES, CITRIC ACID.	
PRODUCED IN A FACILITY THAT USES MILK, COCONUT, AND EGG INGREDIENTS.	

NUTRITIONAL FACTS

Nutrition Facts

5 servings per container

Serving size About 26 balls (28g)

Amount per serving

Calories

130

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 220mg **10%**

Total Carbohydrate 18g **7%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 1g Added Sugars **2%**

Protein 2g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0.2mg **2%**

Potassium 40mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC WHOLE GRAIN YELLOW CORN, ORGANIC AVOCADO OIL, ORGANIC WHITE CHEDDAR SEASONING (ORGANIC TAPIOCA SOLIDS, SEA SALT, ORGANIC BUTTERMILK, ORGANIC FLAVOR, ORGANIC CHEDDAR CHEESE (ORGANIC MILK, CULTURES, SALT, ENZYMES), ORGANIC SKIM MILK, ORGANIC YEAST EXTRACT, LACTIC ACID, CITRIC ACID).

CONTAINS MILK.

PRODUCED IN A FACILITY THAT USES COCONUT AND EGG INGREDIENTS.