

# NUTRITIONAL FACTS

SQUIRREL BRAND

(3) 16 oz. Nut Mix Variety  
Sweet Town & Country Mix

| Nutrition Facts  |                |
|--|----------------|
| about 15 serving per container   |                |
| Serving size   | 1/4 cup (31g)  |
| Amount Per Serving   |                |
| <b>Calories</b>  | <b>180</b>     |
| <hr/>  |                |
|  | % Daily Value* |
| Total Fat 14g  | 18%            |
| Saturated Fat 2.5g   | 12%            |
| Trans Fat 0g   |                |
| Cholesterol 0mg  | 0%             |
| Sodium 150mg   | 6%             |
| Total Carbohydrate 10g   | 4%             |
| Dietary Fiber 2g   | 7%             |
| Total Sugars 3g  |                |
| Includes 2g Added Sugars   | 4%             |
| <b>Protein 6g</b>  |                |
| <hr/>  |                |
| Vitamin D 0mcg   | 0%             |
| Calcium 40mg   | 2%             |
| Iron 0.8mg   | 4%             |
| Potassium 130mg  | 2%             |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> |                |

INGREDIENTS: HONEY ROAST SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED], SUGAR, SESAME SEEDS, BULGUR WHEAT, CONTAINS LESS THAN 2% OF THE FOLLOWING: HONEY, SALT, SOY PROTEIN CONCENTRATE, MODIFIED POTATO STARCH, MALTODEXTRIN, TURMERIC AND BEET POWDER [COLOR], XANTHAN GUM), HONEY ROAST PEANUTS (PEANUTS, SUGAR, HONEY, VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED], SALT, MODIFIED POTATO STARCH, MALTODEXTRIN, XANTHAN GUM), SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), SALT.

# NUTRITIONAL FACTS

SQUIRREL BRAND

## Original Town & Country

| Nutrition Facts                |                       |
|--------------------------------|-----------------------|
| about 15 serving per container |                       |
| <b>Serving size</b>            | 1/4 cup (31g)         |
| <b>Amount Per Serving</b>      |                       |
| <b>Calories</b>                | <b>180</b>            |
|                                | <b>% Daily Value*</b> |
| <b>Total Fat</b> 15g           | 19%                   |
| Saturated Fat 2g               | 11%                   |
| Trans Fat 0g                   |                       |
| <b>Cholesterol</b> 0mg         | 0%                    |
| <b>Sodium</b> 180mg            | 8%                    |
| <b>Total Carbohydrate</b> 9g   | 3%                    |
| Dietary Fiber 2g               | 8%                    |
| Total Sugars 1g                |                       |
| Includes 0g Added Sugars       | 0%                    |
| <b>Protein</b> 6g              |                       |
| Vitamin D 0mcg                 | 0%                    |
| Calcium 40mg                   | 4%                    |
| Iron 0.9mg                     | 4%                    |
| Potassium 150mg                | 4%                    |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], SOYBEAN OIL, SESAME SEEDS, BULGUR WHEAT, SEA SALT, CONTAINS LESS THAN 1% OF EACH OF THE FOLLOWING: SOY PROTEIN CONCENTRATE AND TURMERIC AND BEET POWDER [COLOR]), PEANUTS, SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, GARLIC POWDER, CHEDDAR CHEESE POWDER (CHEDDAR CHEESE [MILK, SALT, CULTURES, ENZYMES], WHEY AND EXTRACTIVE OF ANNATTO AND TURMERIC [COLOR], MALTODEXTRIN, SALT, CITRIC ACID), WHEY, DEXTROSE, BUTTERMILK, ONION POWDER, NONFAT DRY MILK, CITRIC ACID.

# NUTRITIONAL FACTS

SQUIRREL BRAND

## Traveler's Mix

64566 MIX, TRAVELER'S

| <b>Nutrition Facts</b>          |                       |
|---------------------------------|-----------------------|
| about 15 servings per container |                       |
| <b>Serving size</b>             | <b>1/4 cup (30g)</b>  |
| <b>Amount Per Serving</b>       |                       |
| <b>Calories</b>                 | <b>170</b>            |
|                                 | <b>% Daily Value*</b> |
| <b>Total Fat</b> 12g            | <b>15%</b>            |
| Saturated Fat 2g                | <b>9%</b>             |
| Trans Fat 0g                    |                       |
| <b>Cholesterol</b> 0mg          | <b>0%</b>             |
| <b>Sodium</b> 220mg             | <b>9%</b>             |
| <b>Total Carbohydrate</b> 11g   | <b>4%</b>             |
| Dietary Fiber 2g                | <b>6%</b>             |
| Total Sugars 4g                 |                       |
| Includes 3g Added Sugars        | <b>6%</b>             |
| <b>Protein</b> 5g               |                       |
| Vitamin D 0mcg                  | 0%                    |
| Calcium 40mg                    | 2%                    |
| Iron 0.6mg                      | 4%                    |
| Potassium 120mg                 | 2%                    |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRY ROASTED PEANUTS (PEANUTS, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SEA SALT, SUGAR, MONOSODIUM GLUTAMATE [FLAVOR ENHANCER], CORN STARCH, MODIFIED CORN STARCH, DRIED TORULA YEAST, SALT, SPICE, MOLASSES, ONION POWDER, NATURAL FLAVORS [CONTAINS CEREAL WITH GLUTEN], GARLIC POWDER, MALTODEXTRIN AND OLEORESIN OF PAPRIKA [CONTAINS SOYBEAN OIL]), CHEESE SEASONED SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], SOYBEAN OIL, SESAME SEEDS, BULGUR WHEAT, CHEDDAR CHEESE POWDER [CHEDDAR CHEESE (MILK, SALT, CULTURES, ENZYMES), WHEY, EXTRACTIVE OF ANNATTO AND TURMERIC (COLOR), MALTODEXTRIN, SALT, CITRIC ACID], CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEY, DEXTROSE, BUTTERMILK, ONION POWDER, NONFAT DRY MILK, SOY PROTEIN, GARLIC POWDER, CITRIC ACID AND TURMERIC AND BEET POWDER [COLOR]), BUTTER TOFFEE PEANUTS (SUGAR, PEANUTS, CONTAINS LESS THAN 2% OF THE FOLLOWING: PEANUT OIL, BUTTER [CREAM, SALT], SALT, SOY LECITHIN, CARAMEL COLOR), SMOKE FLAVORED ALMONDS (ALMONDS, VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN, AND/OR SUNFLOWER SEED], CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, HYDROLYZED SOY PROTEIN, YEAST EXTRACT, BROWN SUGAR, NATURAL HICKORY SMOKE FLAVOR, TORULA YEAST, NATURAL FLAVOR, LIPOLYZED BUTTER OIL [MILK]), PRETZEL BALLS (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], VEGETABLE OIL [CORN, CANOLA, AND/OR SOYBEAN], SALT, MALT, CORN SYRUP, BAKING SODA, YEAST).

ALLERGEN INFORMATION: MAY CONTAIN OTHER TREE NUTS.