

# Rastelli's Chicken Sausage with Basil & Mozzarella (2)1lb. Pack

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size 1 link(142/4oz)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 41g	<b>18%</b>
Saturated Fat 17g	<b>23%</b>
Trans Fat 1g	
<b>Cholesterol</b> 135mg	<b>30%</b>
<b>Sodium</b> 1160mg	<b>27%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 27g	
Vitamin D 0mcg	0%
Calcium 195mg	15%
Iron 1.44mg	8%
Potassium mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** CHICKEN, MOZZARELLA (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, BASIL, SALT, SPICES IN PORK CASINGS.

## PREPARATION INSTRUCTIONS

*Always cook this product to 165°F internal temperature. For best results, use a cooking or meat thermometer to ensure proper cooking temperature.*

**Skillet:** Place sausage in a skillet with a 1/4 inch of water. Cook slowly over medium heat until water evaporates (approx. 6 minutes). Turn sausage frequently and continue to cook an additional 8-10 minutes until brown.

**Grill:** Turn continuously to prevent burning. Cook until the outside of sausage has grill marks and the inside is fully cooked (when the natural juices of the sausage run clear), approximately 12-15 minutes.

# Rastelli's Chicken Sausage with Feta & Spinach (2)1lb. Pack

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size 1 link(112g / 4oz)</b>	
<b>Amount per serving</b>	
<b>Calories 190</b>	
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 550mg	<b>24%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 21g	
Vitamin D	0%
Calcium	6%
Iron	6%
Potassium	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** ABF Chicken, Feta Cheese (Cows Milk, Salt, Enzymes, Vegetable Voagulant), Spinach, Water, Salt, Spices. In pork Casings.

## PREPARATION INSTRUCTIONS

*Always cook this product to 165°F internal temperature. For best results, use a cooking or meat thermometer to ensure proper cooking temperature.*

**Skillet:** Place sausage in a skillet with a 1/4 inch of water. Cook slowly over medium heat until water evaporates (approx. 6 minutes). Turn sausage frequently and continue to cook an additional 8-10 minutes until brown.

**Grill:** Turn continuously to prevent burning. Cook until the outside of sausage has grill marks and the inside is fully cooked (when the natural juices of the sausage run clear), approximately 12-15 minutes.

# Rastelli's Chicken Sausage with Basil & Mozzarella (4)1lb. Pack

<b>Nutrition Facts</b>	
16 servings per container	
<b>Serving size 1 link(142/4oz)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 41g	<b>18%</b>
Saturated Fat 17g	<b>23%</b>
Trans Fat 1g	
<b>Cholesterol</b> 135mg	<b>30%</b>
<b>Sodium</b> 1160mg	<b>27%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 27g	
Vitamin D 0mcg	0%
Calcium 195mg	15%
Iron 1.44mg	8%
Potassium 0mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** CHICKEN, MOZZARELLA (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, BASIL, SALT, SPICES IN PORK CASINGS

## PREPARATION INSTRUCTIONS

*Always cook this product to 165°F internal temperature. For best results, use a cooking or meat thermometer to ensure proper cooking temperature.*

**Skillet:** Place sausage in a skillet with a 1/4 inch of water. Cook slowly over medium heat until water evaporates (approx. 6 minutes). Turn sausage frequently and continue to cook an additional 8-10 minutes until brown.

**Grill:** Turn continuously to prevent burning. Cook until the outside of sausage has grill marks and the inside is fully cooked (when the natural juices of the sausage run clear), approximately 12-15 minutes.

# Rastelli's Chicken Sausage with Feta & Spinach (4)1lb. Pack

<b>Nutrition Facts</b>	
16 servings per container	
<b>Serving size 1 link(112g / 4oz)</b>	
<b>Amount per serving</b>	
<b>Calories 190</b>	
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 550mg	<b>24%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 21g	
Vitamin D	0%
Calcium	6%
Iron	6%
Potassium	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** ABF Chicken, Feta Cheese (Cows Milk, Salt, Enzymes, Vegetable Voagulant), Spinach, Water, Salt, Spices. In pork Casings.

## PREPARATION INSTRUCTIONS

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**Skillet:** Place sausage in a skillet with a 1/4 inch of water. Cook slowly over medium heat until water evaporates (approx. 6 minutes). Turn sausage frequently and continue to cook an additional 8-10 minutes until brown.

**Grill:** Turn continuously to prevent burning. Cook until the outside of sausage has grill marks and the inside is fully cooked (when the natural juices of the sausage run clear), approximately 12-15 minutes.