

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

3.5 - 4.0 lb. Classic Prime Rib

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (112g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>250</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 9g	<b>45%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** MECHANICALLY TENDERIZED BEEF  
INJECTED WITH UP TO A 10% SOLUTION OF WATER, SALT, POTASSIUM PHOSPHATE AND  
SODIUM CITRATE

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

3.5 - 4.0 lb. Traditional Rub Prime Rib

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (115g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 620mg	<b>27%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 26g	<b>52%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%

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**Ingredients:** MECHANICALLY TENDERIZED BEEF. INJECTED WITH UP TO A 7% SOLUTION OF: WATER, SALT, SODIUM CITRATE AND POTASSIUM PHOSPHATE. RUBBED WITH: SALT, YEAST EXTRACT, DEHYDRATED GARLIC, MALTODEXTRIN, SPICES, MOLASSES, SUGAR, WHEAT STARCH, CARAMEL COLOR, ONION POWDER, PARSLEY, SOY FLOUR, HYDROXYLATED SOY LECITHIN, NOT MORE THAN 2% OF SILICON DIOXIDE ADDED TO PREVENT CAKING.

CONTAINS: SOY AND WHEAT

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4.5 - 5.0 lb. Traditional Rub Prime Rib

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (115g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 620mg	<b>27%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 26g	<b>52%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%

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**Ingredients:** MECHANICALLY TENDERIZED BEEF. INJECTED WITH UP TO A 7% SOLUTION OF: WATER, SALT, SODIUM CITRATE AND POTASSIUM PHOSPHATE. RUBBED WITH: SALT, YEAST EXTRACT, DEHYDRATED GARLIC, MALTODEXTRIN, SPICES, MOLASSES, SUGAR, WHEAT STARCH, CARMEL COLOR, ONION POWDER, PARSLEY, SOY FLOUR, HYDROXYLATED SOY LECITHIN, NOT MORE THAN 2% OF SILICON DIOXIDE ADDED TO PREVENT CAKING.

CONTAINS: SOY AND WHEAT

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4.5 - 5.0 lb. Classic Prime Rib

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (112g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>250</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 9g	<b>45%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%

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**Ingredients:** MECHANICALLY TENDERIZED BEEF  
INJECTED WITH UP TO A 10% SOLUTION OF WATER, SALT, POTASSIUM PHOSPHATE AND  
SODIUM CITRATE

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

5.5 - 6.0 lb. Classic Prime Rib

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (112g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>250</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 9g	<b>45%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%

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**Ingredients:** MECHANICALLY TENDERIZED BEEF  
INJECTED WITH UP TO A 10% SOLUTION OF WATER, SALT, POTASSIUM PHOSPHATE AND  
SODIUM CITRATE

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

5.5 - 6.0 lb. Traditional Rub Prime Rib

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (115g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 620mg	<b>27%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 26g	<b>52%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** MECHANICALLY TENDERIZED BEEF. INJECTED WITH UP TO A 7% SOLUTION OF: WATER, SALT, SODIUM CITRATE AND POTASSIUM PHOSPHATE. RUBBED WITH: SALT, YEAST EXTRACT, DEHYDRATED GARLIC, MALTODEXTRIN, SPICES, MOLASSES, SUGAR, WHEAT STARCH, CARAMEL COLOR, ONION POWDER, PARSLEY, SOY FLOUR, HYDROXYLATED SOY LECITHIN, NOT MORE THAN 2% OF SILICON DIOXIDE ADDED TO PREVENT CAKING.

CONTAINS: SOY AND WHEAT