

NUTRITIONAL FACTS

CORKY'S BBQ



Bar-b-q Pork Dinner With Bar-b-q Baked Beans and Cinnamon Apples

Nutrition Facts

Serving Size 1 Dinner (368g)
Servings Per Container 1

Amount Per Serving

Calories 560 **Calories from Fat** 110

% Daily Value*

Total Fat 13g **20%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 800mg **33%**

Total Carbohydrate 84g **28%**

Dietary Fiber 5g **20%**

Sugars 60g

Protein 24g

Vitamin A 0% • Vitamin C 4%

Calcium 10% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Bar-b-q Pork Shoulder (Pork Shoulder, Bar-b-q Sauce (Water, Tomato Paste, High Fructose Corn Syrup, Molasses, Distilled Vinegar, Brown Sugar, Salt, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavors), Cayenne Peppers, Natural Smoke Flavor, Dehydrated Onions, Soybean Oil, Dextrose, Dehydrated Garlic, Spice and Spice Extractives, Xanthan Gum, Sodium Benzoate (Preservative), Guar Gum, Ascorbic Acid), Baked Beans (White Beans, Water, Sugar, Brown Sugar, Salt, Pork, Ground Mustard, Caramel Color, Bar-b-q Sauce (Same as listing above), Seasonings (Brown Sugar, Mustard, Dehydrated Onion, Green Bell Pepper, Spice)), Cinnamon Apples (Apples (Prepared with Sodium Sulfite and Calcium Chloride), High Fructose Corn Syrup, Water, Sugar, Modified Corn Starch, contains 2% or less of the following: Lemon Juice, Apple Juice Concentrate, Potassium Sorbate (as a Preservative), Cinnamon, Salt, Citric Acid, Nutmeg).

NUTRITIONAL FACTS

CORKY'S BBQ



Oven Roasted Seasoned Chicken Wing Dinner with BBQ Baked Beans & Cinnamon Apples

Nutrition Facts

Serving Size 1 Dinner (368g)
Servings Per Container 1

Amount Per Serving

Calories 600 Calories from Fat 250

% Daily Value*

Total Fat 28g **43%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 150mg **50%**

Sodium 1360mg **57%**

Total Carbohydrate 74g **25%**

Dietary Fiber 5g **20%**

Sugars 49g

Protein 28g

Vitamin A 4% • Vitamin C 10%

Calcium 8% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories 2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Chicken Wing Sections (Chicken Wing Sections, Water, Contains 2% or Less of the Following: Celery, Corn Starch, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Grill Flavor (From Sunflower Oil) Modified Food Starch, Maltodextrin, Natural Flavor, Natural Smoke Flavor, Onion Powder, Rice Flour, Rice Starch, Salt, Sodium Phosphates, Spices, Tapioca Dextrin, Tapioca Starch, Yeast Extract, Yellow Corn Flour. Blanched in Vegetable Oil, **Sweet & Smokey Seasoning** (Sugar, Salt, Spices (Including Chili), Paprika, Dehydrated Onion and Garlic, Disodium Inosinate and Disodium Guanylate, Soybean Oil (as a Processing Aid), Natural Smoke Flavor, Celery Seed, Mustard Flour, Extractives of Paprika, Mustard Seed, Not More Than 2% Calcium Silicate Added To Prevent Caking)), **Baked Beans** (White Beans, Water, Sugar, Brown Sugar, Salt, Pork, Ground Mustard Caramel Color, Bar-B-Q Sauce (Water, Tomato Paste, High Fructose Corn Syrup, Molasses, Distilled Vinegar, Brown Sugar, Salt, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavors), Cayenne Peppers, Natural Smoke Flavor, Dehydrated Onions, Soybean Oil, Dextrose, Dehydrated Garlic, Spice and Spice Extractives, Xanthan Gum, Sodium Benzoate (Preservative), Guar Gum, Ascorbic Acid), Seasonings (Brown Sugar, Mustard, Dehydrated Onion, Green Bell Pepper, Spice)), **Cinnamon Apples** (Apple (Prepared with Sodium Sulfite and Calcium Chloride), High Fructose Corn Syrup, Water, Sugar, Modified Corn Starch, Contains 2% or Less of the Following: Lemon Juice, Apple Juice Concentrate, Potassium Sorbate (Preservative), Cinnamon, Salt, Citric Acid, Nutmeg).