

# NUTRITIONAL FACTS

## MINI BLUEBERRY BAGEL

# MINI BLUEBERRY BAGEL

<b>Nutrition Facts</b>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	<b>Total Fat</b> 0.5g		<b>1%</b>	<b>Total Carbohydrate</b> 37g
Saturated Fat 0g		<b>0%</b>	Dietary Fiber 1g	<b>4%</b>
Trans Fat 0g			Total Sugars 8g	
<b>Cholesterol</b> 0mg		<b>0%</b>	Includes 8g Added Sugars	<b>16%</b>
<b>Sodium</b> 290mg		<b>13%</b>	<b>Protein</b> 5g	
<b>Calories per serving</b> <b>170</b>	Vitamin D 0mcg 0% • Calcium 13mg 2% • Iron 0mg 0% • Potassium 49mg 2%			

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, BLUEBERRY BITES (SUGAR, WHEAT FLOUR, BLUEBERRY SOLIDS, SUNFLOWER OIL, WHEAT STARCH, DEXTROSE, COLORED WITH FRUIT JUICE, NATURAL FLAVORS (WONF), SODIUM BICARBONATE), SUGAR, DRY SWEETENED BLUEBERRY (SUGAR, SUNFLOWER OIL), WHEAT STARCH, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, MOLASSES, CULTURED WHEAT STARCH, NATURAL FLAVORS, NATURAL DRIED BLUEBERRIES, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, XANTHAN GUM, CORN PROTEIN.

CONTAINS: Wheat.

Made in a facility that uses Milk, Sesame, Wheat

Net Weight 4.5lbs.

# NUTRITIONAL FACTS

## MINI EVERYTHING BAGEL

### MINI EVERYTHING BAGEL

<b>Nutrition Facts</b>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	<b>Total Fat</b> 0g		<b>0%</b>	<b>Total Carbohydrate</b> 30g
Saturated Fat 0g		<b>0%</b>	Dietary Fiber 1g	<b>4%</b>
Trans Fat 0g			Total Sugars 3g	
<b>Cholesterol</b> 0mg		<b>0%</b>	Includes 3g Added Sugars	<b>6%</b>
<b>Sodium</b> 340mg		<b>15%</b>	<b>Protein</b> 4g	
<b>Calories per serving</b>	<b>150</b>	Vitamin D 0mcg 0% • Calcium 21mg 2% • Iron 2mg 10% • Potassium 61mg 2%		

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (wheat flour, malted barley flour), water, sugar, contains less than 2% of each of the following: salt, sesame seeds, poppy seeds, dehydrated onion, dehydrated garlic, wheat flour, molasses, yeast, cultured wheat starch, enzymes, malted barley flour, ascorbic acid added as a dough conditioner, xanthan gum, corn protein.

CONTAINS: Wheat.

Made in a facility that uses Milk, Sesame, Wheat

2oz per Bagel / Total Net Wt: 72oz / 4.5lbs

# NUTRITIONAL FACTS

## MINI PLAIN BAGEL

### MINI PLAIN BAGEL

<b>Nutrition Facts</b>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	<b>12 servings per container</b>	<b>Total Fat 0g</b>	<b>0%</b>	<b>Total Carbohydrate 31g</b>
<b>Serving size</b>	Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<b>1 Bagel 2oz (57gr)</b>	Trans Fat 0g		Total Sugars 4g	
<b>Calories</b>	<b>Cholesterol 0mg</b>	<b>0%</b>	Includes 3g Added Sugars	<b>6%</b>
<b>per serving</b>	<b>Sodium 290mg</b>	<b>13%</b>	<b>Protein 5g</b>	
<b>140</b>	Vitamin D 0mcg 0% • Calcium 13mg 2% • Iron 0mg 0% • Potassium 45mg 0%			

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, SUGAR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, WHEAT FLOUR, MOLASSES, YEAST, CULTURED WHEAT STARCH, ENZYMES, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, XANTHAN GUM, CORN PROTEIN.

CONTAINS: Wheat.

Made in a facility that uses Milk, Sesame, Wheat

Net Weight 4.5lbs.