

NUTRITIONAL FACTS

AUTHENTIC GOURMET

(13) Large French Butter Croissants

| All Butter Croissants | |
|--|------------------------------|
| Nutrition Facts | |
| Serving Size 1 croissant (60g/2.12oz) | |
| Servings Per Container 36 | |
| Amount Per Serving | |
| Calories 221 | Calories from Fat 141 |
| % Daily Value* | |
| Total Fat 13g | 20% |
| Saturated Fat 8.4g | 42% |
| Trans Fat 0g | |
| Cholesterol 40mg | 13% |
| Sodium 204mg | 9% |
| Total Carbohydrate 21g | 7% |
| Dietary Fiber 1.1g | 4% |
| Sugars 2.8g | |
| Protein 4.6g | 9% |
| Vitamin D 0% | • Calcium 1.8% |
| Iron 2% | • Potassium 2% |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Ingredients: Wheat flour, butter (milk fat 82%, water, nonfat milk), water, yeast, sugar, wheat gluten, trehalose (source of glucose), salt, wheat germ, malted wheat flour, eggs, acerola extract (maltodextrin), marigold extract (color), enzymes (xylanase, alpha-amylase). | |
| Contains: Milk, eggs, wheat. | |
| Produced in a plant that uses: Soybeans. | |