

# NUTRITIONAL FACTS

AUTHENTIC GOURMET

## (12) Large French Chocolate Croissants

Chocolate Filled Croissants	
<b>Nutrition Facts</b>	
Serving Size 1 croissant (75g)	
Servings Per Container 35	
<b>Amount Per Serving</b>	
<b>Calories</b> 325	Calories from Fat 165
<b>% Daily Value*</b>	
<b>Total Fat</b> 19g	<b>29%</b>
Saturated Fat 14g	<b>70%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 95mg	<b>32%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 35g	<b>12%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 12g	
<b>Protein</b> 6g	
Vitamin A 4%	• Vitamin C 0%
Calcium 2%	• Iron 13%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
<b>Ingredients:</b> Wheat flour, butter, water, chocolate (sugar, chocolate liquor, cocoa butter, soy lecithin (emulsifier)), yeast, sugar, wheat gluten, trehalose, salt, stabilized wheat germ, malted wheat flour, acerola extract (maltodextrin support), beta carotenes (color), enzymes.	
<b>Contains:</b> Wheat (gluten), milk, soy.	
<b>Produced in a plant that uses:</b> eggs.	