

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Wintertime Warmth

Nutrition Facts	Amount per serving		Amount per serving		* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
		% Daily Value *		% Daily Value *	
16 servings per container	Total Fat 9g	12%	Total Carbohydrate 16g	6%	
Serving size 30 g	Saturated Fat 2.5g	13%	Dietary Fiber 2g	7%	
Calories 150 per serving	<i>Trans</i> Fat 0g		Total Sugars 12g		
	Cholesterol 0mg	0%	Includes 9g Added Sugars	18%	
	Sodium 55mg	2%	Protein 3g		
	Vitamin D 0mcg 0% • Calcium 26mg 2% • Iron 0.36mg 2% • Potassium 94mg 2%				

INGREDIENTS: Peanuts (canola oil, salt), Dark Chocolate Chunks: sugar, chocolate liquor, cocoa butter, soy lecithin (an emulsifier), and vanilla extract., Cranberries: sugar, sunflower oil, cranberry juice from concentrate, Butterscotch drop: sugar, palm kernel oil, whey powder, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), artificial color (yellow lake #6, yellow lake #5, blue lake #2), salt and artificial flavor., Raisins, Pecans: canola oil, salt, Walnuts: sugar, water, tapioca syrup, salt, canola oil, soy lecithin, rosemary extract.

CONTAINS: Peanuts, pecans, walnuts, soy, milk

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Strawberries & Chocolate

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 27g		34%	Total Carbohydrate 15g
Saturated Fat 2.5g		12%	Dietary Fiber 1g	5%
<i>Trans</i> Fat 0g			Total Sugars 9g	
Cholesterol 0mg		0%	Includes 8g Added Sugars	15%
Sodium 140mg		6%	Protein 3g	
Vitamin D 1mcg 4% • Calcium 50mg 4% • Iron 0.7mg 4% • Potassium 100mg 2%				

15 servings per container
Serving size
30 g
Calories 160
per serving

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INGREDIENTS: Almonds: canola oil, salt, Marshmallow Truffle: milk chocolate: sugar, cocoa butter, chocolate, milk, soy lecithin (an emulsifier), sea salt, vanilla extract, sugar, palm oil, nonfat milk, milk, soybean oil, natural flavors, salt., Sesame Sticks: enriched wheat flour (unbleached wheat flour, malted barley flour, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, honey coating (sucrose, wheat starch, honey), bulgur wheat, tack blend (maltodextrin, xanthan gum), salt, turmeric (color), beet powder (color), Walnuts: sugar, water, tapioca syrup, salt, canola oil, soy lecithin, rosemary extract., Dried Strawberries: sugar, citric acid, sulfur dioxide, strawberry flavor, Milk Chocolate: sugar, cocoa butter, whole milk, chocolate liquor, soy lecithin (an emulsifier), and vanilla, Pretzels: enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], vegetable oil [may contain one or more of the following: corn, canola, corn, soybean], salt, corn syrup, sodium bicarbonate, yeast, confectioners glaze (lac-resin), gumming solution (sugar, corn syrup, gum Arabic)

CONTAINS: Almonds, Milk, Sesame, Soy, Wheat

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Honey & Toffee Mix

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 11g		15%	Total Carbohydrate 13g
Saturated Fat 3g		14%	Dietary Fiber 1g	5%
<i>Trans</i> Fat 0g			Total Sugars 10g	
Cholesterol 0mg		0%	Includes 6g Added Sugars	15%
Sodium 50mg		2%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.9mg 6% • Potassium 150mg 4%				

17 servings per container
Serving size
30 g
Calories 160
per serving

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INGREDIENTS: Honey Roasted Peanuts: Peanuts, sugar, honey, calcium stearate, peanut oil, tapioca, maltodextrin, xanthan gum. Yogurt Raisins: confectionary coating (sugar, hydrogenated palm kernel oil, nonfat milk powder, whey powder, yogurt powder [cultured whey, nonfat milk], titanium dioxide, lactic acid, soy lecithin, vanilla), raisins, corn syrup, Arabic gum, confectioner's glaze. Almonds: canola oil, salt, Butter Toffee Peanuts: sugar, peanuts, salted butter (sweet cream, salt), artificial flavor (vanilla powder), salt, soy lecithin (emulsifier). Cashews: canola oil, salt
Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stem, shell, pit and/or seed fragments.

CONTAINS: Almonds, Cashews, Milk, Peanuts, Soy