

NUTRITIONAL FACTS

ORCHARD VALLEY HARVEST

(15) 1 oz. Dark Chocolate Berry Mix

Nutrition Facts	
15 servings per container	
Serving size	1 package (28g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 8g	11%
Saturated Fat 2.5g	11%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	6%
Total Sugars 12g	
Includes 9g Added Sugars	19%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.7mg	4%
Potassium 90mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WALNUTS, DRIED SWEETENED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), DARK CHOCOLATE SWEETENED CHERRIES (DARK CHOCOLATE [CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, NATURAL FLAVOR], DRIED SWEETENED CHERRIES [RED TART PITTED CHERRIES, SUGAR, SUNFLOWER OIL], GUM ACACIA, SUGAR, CONFECTIONER'S GLAZE), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, NATURAL FLAVOR), DRIED SWEETENED BLUEBERRIES (BLUEBERRIES, SUGAR, SUNFLOWER OIL).