

# NUTRITIONAL FACTS

SQUIRREL BRAND

2 can Ruby Trio

14 oz. Ruby Coated Almonds

Nutrition Facts	
about 13 servings per container	
<b>Serving size</b>	<b>10 pieces (30g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 13g	<b>16%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> Less than 5mg	<b>1%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 11g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 3g	
Vitamin D 0.3mcg	0%
Calcium 60mg	4%
Iron 0.7mg	4%
Potassium 130mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** RUBY COUVERTURE (SUGAR, COCOA BUTTER, MILK, UNSWEETENED CHOCOLATE, CITRIC ACID, SOY LECITHIN), ALMONDS, GUM ACACIA, SUGAR, CONFECTIONER'S GLAZE.

CONTAINS MILK, SOY, TREE NUTS (ALMONDS).

MAY CONTAIN PEANUTS AND OTHER TREE NUTS.

# NUTRITIONAL FACTS

SQUIRREL BRAND

## 13 oz. Ruby Macadamia Nuts

Nutrition Facts	
about 12 servings per container	
<b>Serving size</b>	<b>6 pieces(31g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 6g	<b>28%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> Less than 5mg	<b>1%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 10g	
Includes 8g Added Sugars	<b>16%</b>
<b>Protein</b> 2g	
Vitamin D 0.3mcg	0%
Calcium 40mg	4%
Iron 0.6mg	4%
Potassium 100mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** RUBY COUVERTURE (SUGAR, COCOA BUTTER, MILK, CHOCOLATE LIQUOR, CITRIC ACID, SOY LECITHIN), MACADAMIA NUTS, GUM ACACIA, SUGAR, CONFECTIONER'S GLAZE.

CONTAINS MILK, SOY, TREE NUTS (MACADAMIA NUTS).  
MAY CONTAIN PEANUTS AND OTHER TREE NUTS