

NUTRITIONAL FACTS

AUTHENTIC GOURMET

(12) Large French Butter Croissants

All Butter Croissants	
Nutrition Facts	
Serving Size 1 croissant (60g/2.12oz)	
Servings Per Container 36	
Amount Per Serving	
Calories 221	Calories from Fat 141
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 8.4g	42%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 204mg	9%
Total Carbohydrate 21g	7%
Dietary Fiber 1.1g	4%
Sugars 2.8g	
Protein 4.6g	9%
Vitamin D 0%	• Calcium 1.8%
Iron 2%	• Potassium 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Ingredients: Wheat flour, butter (milk fat 82%, water, nonfat milk), water, yeast, sugar, wheat gluten, trehalose (source of glucose), salt, wheat germ, malted wheat flour, eggs, acerola extract (maltodextrin), marigold extract (color), enzymes (xylanase, alpha-amylase).	
Contains: Milk, eggs, wheat.	
Produced in a plant that uses: Soybeans.	