

NUTRITIONAL FACTS

FARMER JON'S POPCORN

Virtually Hullless Mini Bags

Light Butter

Nutrition Facts	
1 serving per container	
Serving Size (Unpopped)	1 Bag (34g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 3.8g	6%
Saturated Fat 2g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g of Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	4%
Potassium 90mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Popping Corn, Palm Oil, Salt, Natural & Artificial Flavors, Color (Annatto Extract).

CONTAINS: Milk

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FARMER JON'S POPCORN

Movie Theatre

Nutrition Facts	
1 servings per container	
Serving Size (Unpopped) 1 Bag (34g)	
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 5g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	12%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	17%
Total Sugars 0g	
Includes 0g of Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	4%
Potassium 65mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Popping Corn, Palm Oil, Salt, Natural & Artificial Flavors, Color (Annatto Extract).

CONTAINS: Milk

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FARMER JON'S POPCORN

Extra Butter

Nutrition Facts	
1 servings per container	
Serving Size (Unpopped) 1 Bag (33g)	
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 9.5g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 325mg	14%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g of Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	6%
Potassium 59mg	1%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
Ingredients: Popping Corn, Palm Oil, Salt, Natural & Artificial Flavors, Color (Annatto Extract).	
CONTAINS: Milk	

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FARMER JON'S POPCORN

Kettle

Nutrition Facts	
1 servings per container	
Serving Size (Unpopped)	1 Bag (33g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g of Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	6%
Potassium 65mg	1%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
Ingredients: Popping Corn, Palm Oil, Salt, Natural & Artificial Flavors, Sucralose.	
CONTAINS: MILK	

NUTRITIONAL FACTS

FARMER JON'S POPCORN

Homestyle

Nutrition Facts	
1 serving per container	
Serving Size (Unpopped)	1 Bag (28g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g of Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0.9mg	0%
Iron 1mg	6%
Potassium 65mg	1%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
Ingredients: Popping Corn, Palm Oil, Sea Salt, Butter, All Natural Butter Flavor, Color (Annatto Extract). CONTAINS: Milk	