

# NUTRITIONAL FACTS

T SPOONS

Gourmet Tea Filter Spoons: Green Tea w/Lemon & Ginger

## GREEN TEA

Green Tea with Lemon and Ginger

**ENG INGREDIENTS:** Green Tea Leaves 63%, Lemon Grass 26%, Aroma 4%, Lemon 3%, Natural Lemon Extract 2%, Ginger Root 1%, Sweet Root 1%, Citric Acid. Contains Sweetener - Persons with high blood pressure should avoid excessive use. **DIRECTIONS:** Pour 1 cup of boiling water over the tea filter spoon. Remove spoon after 5 minutes.

Gourmet Tea Filter Spoons: Cranberry

## CRANBERRY

Cranberry Tea with Apple & Elder Flower

**ENG INGREDIENTS:** Cranberry 40%, Apple 28%, Hibiscus Flower 15%, Pomegranite 13%, Elder Flower 3%, Aroma 1%.  
**DIRECTIONS:** Pour 1 cup of boiling water over the tea filter spoon. Remove spoon after 5 minutes.

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## Gourmet Tea Filter Spoons: Cherry Vanilla

### CHERRY & VANILLA

Aromatic Mixture of Fruit Tea

**ENG INGREDIENTS:** Hibiscus Flowers 29%, Pomegranates 20%, Sloe 18%, Apples 17%, Fruits Called 5%, Cherry Fruits 5%, Aroma 4%, Sweet Root 1.5%, Vanilla Fruit 0.5%. Contains Sweetener - Persons with high blood pressure should avoid excessive use.

**DIRECTIONS:** Pour 1 cup of boiling water over the tea filter spoon. Remove spoon after 5 minutes.

## Gourmet Tea Filter Spoons: Berries

### BERRIES

A specific harmony of rich berry flavors and hibiscus flowers create a comforting, sweet earthy aroma and deeply fruity flavor and finish with rich benefits.\*

**Ingredients:** Forest berries 65% (wild apples 27%, rosewood 27%, horn 11%), hibiscus flowers 30%, flavors 3%, raspberries 2%.