

## Nalesnicki Sweet Cheese Blintz

Nutrition Facts	Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
	6 servings per container Serving size <b>1 piece (80g)</b> Calories per serving <b>190</b>	<b>Total Fat</b> 8g	<b>12%</b>	<b>Total Carbohydrate</b> 21g
Saturated Fat 5g		<b>25%</b>	Dietary Fiber 0g	<b>0%</b>
<i>Trans</i> Fat 0g			Total Sugars 11g	
<b>Cholesterol</b> 25mg		<b>8%</b>	Incl. 8g Added Sugars	<b>16%</b>
<b>Sodium</b> 240mg		<b>10%</b>	<b>Protein</b> 7g	
Vitamin D 0mcg		0%	• Calcium 59mg	6%
Iron 0.4mg		2%	• Potassium 100mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

**INGREDIENTS:** Cheese (pasteurized milk, cheese & cream, cheese culture, salt), **whole milk** (Grade A milk, vitamin D3), **water, wheat flour** (wheat flour enriched [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid] malted barley flour), **eggs, sugar, salt, vanilla, soybean oil.**

**CONTAINS:** Wheat, Eggs, Milk, and Soy Ingredients

## Apple Cinnamon & Cheese Blintz

Nutrition Facts	Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
	6 servings per container Serving size <b>1 piece (76g)</b> Calories per serving <b>150</b>	<b>Total Fat</b> 2.5g	<b>3%</b>	<b>Total Carbohydrate</b> 28g
Saturated Fat 1g		<b>4%</b>	Dietary Fiber 1g	<b>3%</b>
<i>Trans</i> Fat 0g			Total Sugars 11g	
<b>Cholesterol</b> 40mg		<b>13%</b>	Incl. 10g Added Sugars	<b>20%</b>
<b>Sodium</b> 140mg		<b>6%</b>	<b>Protein</b> 4g	
Vitamin D 0.2mcg		0%	• Calcium 30mg	2%
Iron 1.1mg		6%	• Potassium 60mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

**INGREDIENTS:** **Apple Filling** (apples, sugar, food starch – modified [corn], lemon juice concentrate, cultured sugar, calcium lactate, ascorbic acid [vitamin C] spides [cinnamon and nutmeg]), **wheat flour** (wheat flour enriched [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid] malted barley flour), **eggs, cheese** (pasteurized milk and cream, potassium sorbate, salt, carob bean gum, cheese culture), **water, milk** (Grade A milk, vitamin D3), **soybean oil, salt, sugar.**

**CONTAINS:** Wheat, Eggs, Milk, and Soy Ingredients



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