

Southwest Cheddar Pierogi

| Nutrition Facts | Amount/Serving | % Daily Value | Amount/Serving | % Daily Value |
|-----------------|-------------------------|---------------|-----------------------|-------------------------------|
| | Total Fat 7g | | 11% | Total Carbohydrate 33g |
| | Saturated Fat 4g | 20% | Dietary Fiber 3g | 11% |
| | <i>Trans</i> Fat 0g | | Total Sugars 6g | |
| | Cholesterol 14mg | 5% | Incl. 0g Added Sugars | 0% |
| | Sodium 371mg | 17% | Protein 9g | |
| | Vitamin D 0mcg | 0% | • Calcium 128mg | 15% |
| | Iron 1.1mg | 6% | • Potassium 224mg | 5% |

About 8 servings per 25 count bag

Serving size
3 Pierogi (99g)

Calories per serving 221

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, cheese (pasteurized milk, cheese culture, salt, enzymes, annatto coloring, cellulose), wheat flour (wheat flour enriched [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], malted barley flour), dehydrated potatoes (potatoes, mono and diglycerides, sodium acid pyrophosphate and citric acid), water, eggs, green chile peppers, jalapeno peppers, soybean oil, vinegar, salt, black pepper.

CONTAINS: Wheat, Eggs, Milk, and Soy Ingredients.

Potato & Fried Onion Pierogi

| Nutrition Facts | Amount/Serving | % Daily Value | Amount/Serving | % Daily Value |
|-----------------|-------------------------|---------------|-----------------------|-------------------------------|
| | Total Fat 5g | | 6% | Total Carbohydrate 31g |
| | Saturated Fat 2g | 11% | Dietary Fiber 1g | 5% |
| | <i>Trans</i> Fat 0g | | Total Sugars 0g | |
| | Cholesterol 10mg | 3% | Incl. 0g Added Sugars | 0% |
| | Sodium 280mg | 12% | Protein 5g | |
| | Vitamin D 0mcg | 0% | • Calcium 50mg | 4% |
| | Iron 0.6mg | 4% | • Potassium 170mg | 4% |

About 8 servings per 25 count bag

Serving size
3 Pierogi (99g)

Calories per serving 190

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Milk, wheat flour (wheat flour enriched [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid] malted barley flour), water, dehydrated potatoes, fried onions (onions, palm oil, wheat flour, dextrose, and salt), cream cheese (pasteurized milk and cream, salt, carob bean gum, cheese culture), sour cream (cultured cream, enzymes), eggs, salt, soybean oil, black pepper.

CONTAINS: Wheat, Eggs, Milk, and Soy Ingredients



Alexandra Foods, 3300 N Central Ave., Chicago IL 60634 * alexandrapierogi.com * 1-773-282-3820