



CLEANEATZKITCHEN.COM
@CLEANEATZKITCHEN

**CLEAN EATZ WAS FOUNDED TO
EMPOWER OUR CUSTOMERS
THROUGH FITNESS, LIFESTYLE
AND NUTRITION CHOICES.
MEALS MADE WITH LOVE**

Nutrition Facts

| | |
|-----------------------------------|----------------|
| 1 servings per container | |
| Serving size 1 Meal (283g) | |
| Amount Per Serving | 450 |
| Calories | % Daily Value* |
| Total Fat 17g | 22% |
| Saturated Fat 4g | 20% |
| Trans Fat 0g | |
| Cholesterol 40mg | 13% |
| Sodium 800mg | 38% |
| Total Carbohydrate 49g | 18% |
| Dietary Fiber 4g | 14% |
| Total Sugars 9g | |
| Includes 3g Added Sugars | 6% |
| Protein 26g | 52% |
| Vitamin D 0mcg | 0% |
| Calcium 76mg | 6% |
| Iron 3mg | 15% |
| Potassium 346mg | 8% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*calories per gram used to calculate % of calories

INGREDIENTS: GROUND BEEF (BEEF SAIT), BROWN RICE(WATER, BROWN RICE.), DILL PICKLES(FRESH CUCUMBERS, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), DEHYDRATED ONION, SPICES (MUSTARD), DEHYDRATED GARLIC, POLYSORBATE 80, DEHYDRATED RED BELL PEPPERS, NATURAL FLAVOR, TURMERIC EXTRACT (COLOR), BBQ SAUCE(TOMATO PUREE, WATER, TOMATO PASTE, SUGAR, VINEGAR, MOLASSES, CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, SALT, NATURAL SMOKE FLAVOR, MUSTARD FLOUR, DRIED ONIONS, SPICE, DRIED GARLIC, POTASSIUM SORBATE TO PRESERVE FRESHNESS), ONIONS, CHEDDAR MONTEREY JACK CHEESE BLEND (CHEDDAR CHEESE, PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED), MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR).)

CONTAINS: MILK, SESAME

CALORIES PER GRAM:

FAT 9 - CARBOHYDRATE 4 - PROTEIN 4

CE Kitchen Inc Wilmington, NC 28412

Remove sleeve. Vent film. Microwave frozen entree 2-3 minutes.
Stir. Microwave in 30-second intervals until internal temperature reaches 165°F.

COOKING INSTRUCTIONS
Mic Drop



EDUCATION, LIFESTYLE, WORKOUTS, NUTRITION

WE Change LIVEZ

CleanEatz KITCHEN Bowlz

CHEESEBURGER BOWL

GROUND BEEF IN BBQ SAUCE WITH CHOPPED RED ONION AND PICKLE CHIPS WITH SHREDDED CHEESE OVER BROWN RICE

26g
OF PROTEIN
— PER SERVING —



● PROTEIN
● TOTAL CARBS
● TOTAL FAT
*% OF CALORIES



MEALS IN MINUTES
4
MEALS IN MINUTES

**KEEP FROZEN
COOK THOROUGHLY**

NET WT: 100Z (283 GRAMS)

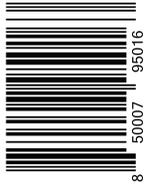
U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE

CHEESEBURGER BOWL

GROUND BEEF IN BBQ SAUCE WITH CHOPPED RED ONION AND PICKLE CHIPS WITH SHREDDED CHEESE OVER BROWN RICE

450 CALORIES
17g TOTAL FAT
49g TOTAL CARBS
26g PROTEIN





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Nutrition Facts

| | |
|-----------------------------------|----------------|
| 1 servings per container | |
| Serving size 1 Meal (283g) | |
| Amount Per Serving | |
| Calories 430 | % Daily Value* |
| Total Fat 12g | 15% |
| Saturated Fat 4g | 20% |
| Trans Fat 0g | |
| Cholesterol 25mg | 8% |
| Sodium 520mg | 23% |
| Total Carbohydrate 35g | 13% |
| Dietary Fiber 4g | 14% |
| Total Sugars 1g | |
| Includes 0g Added Sugars | 0% |
| Protein 47g | 94% |
| Vitamin D 2mcg | 10% |
| Calcium 425mg | 35% |
| Iron 1mg | 6% |
| Potassium 1mg | 0% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*calories per gram used to calculate % of calories

INGREDIENTS: CHICKEN/CHICKEN BREAST, WATER, SALT, NATURAL FLAVOR, MODIFIED POTATO STARCH, WHITE VINEGAR, SPICE (INCLUDING PAPRIKA), GRANULATED GARLIC, Black Pepper, NATURAL FLAVOR, WHOLE WHEAT PASTA (WATER, WHOLE WHEAT DURUM FLOUR, ENRICHED DURUM SEMOLINA AND DURUM WHEAT FLOUR (DURUM SEMOLINA WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEESE SAUCE (WATER, CULTURED PASTEURIZED MILK AND SKIM MILK, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF POTASSIUM PHOSPHATE, NATURAL FLAVORS, SODIUM CITRATE, SODIUM PHOSPHATE, WHEY, BUTTERMILK, LACTIC ACID, ANNATTO EXTRACT AND OLEORESIN PAPRIKA (COLOR), ACETIC ACID, AUTOLYZED YEAST EXTRACT, MALTODEXTRIN, SALT, MONO AND DIGLYCERIDES, SEA SALT, ENZYMES, CE BUFFALO SAUCE (HOT SAUCE (AGED CAYENNE RED PEPPER, DISTILLED VINEGAR, WATER, SALT, GARLIC POWDER), LOW-FAT MAYONNAISE (WATER, SOYBEAN OIL, VINEGAR, MODIFIED FOOD STARCH, EGG YOLKS, CONTAINS LESS THAN 2% OF SALT, EGGS, NATURAL FLAVOR, MUSTARD FLOUR, POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA (AS PRESERVATIVES), PHOSPHORIC ACID, *OLEORESIN PAPRIKA* INGREDIENT NOT NORMALLY FOUND IN MAYONNAISE), GREEN ONIONS.

CONTAINS: MILK, EGGS, SOY, WHEAT
CALORIES PER GRAM:
FAT 9 - CARBOHYDRATE 4 - PROTEIN 4

CE Kitchen Inc Wilmington, NC 28412

Remove sleeve. Vent film. Microwave frozen entrée 2-3 minutes.
Stir. Microwave in 30-second intervals until internal temperature reaches 165°F.

COOKING INSTRUCTIONS
Mic Drop



EDUCATION, LIFESTYLE, WORKOUTS, NUTRITION

WE Change LIVEZ

CleanEatz KITCHEN Bowlz

BUFFALO CHICKEN MAC & CHEESE

DICED CHICKEN BREAST IN A CREAMY BUFFALO SAUCE WITH A SIDE OF MAC & CHEESE

47g
OF PROTEIN
— PER SERVING —



● PROTEIN
● TOTAL CARBS
● TOTAL FAT
*% OF CALORIES

**KEEP FROZEN
COOK THOROUGHLY**

NET WT: 10OZ (283 GRAMS)



MEALS IN MINUTES • **4** • MEALS IN MINUTES

BUFFALO CHICKEN MAC & CHEESE

DICED CHICKEN BREAST IN A CREAMY BUFFALO SAUCE WITH A SIDE OF MAC & CHEESE

430 CALORIES
12g TOTAL FAT
35g TOTAL CARBS
47g PROTEIN

