

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Peanut Butter Lovers

Nutrition Facts	
16 servings per container	
Serving size	30 g
Amount per serving	
Calories	150
% Daily Value *	
Total Fat 10g	12%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 11g	
Includes 5g Added Sugars	11%
Protein 3g	
Vitamin D 2.1mcg	10%
Calcium 20mg	2%
Iron 0.8mg	4%
Potassium 150mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Peanut Butter Cups: (sugar, palm kernel oil, nonfat milk, partially defatted peanut flour, milk, cocoa processed with alkali, peanut butter (peanuts, salt, hydrogenated palm oil), hydrogenated palm oil, soy lecithin (an emulsifier), salt vanilla extract, TBHQ and citric acid added to protect freshness), Cashews: canola oil, salt, Raisins, Peanuts (canola oil, salt), Peanut Butter Drops: sugar, hydrogenated palm kernel oil, partially defatted peanut flour, nonfat milk powder, dry whey (milk), peanut butter (roasted peanuts, hydrogenated rapeseed and cottonseed oils), dextrose, salt, soy lecithin (an emulsifier), Cinnamon Praline Peanuts: Peanuts, sugar, salt, cinnamon, vanilla extract, (water propylene glycol, vanillin, caramel color 0.1% sodium benzoate [added as a preservative] phosphoric acid and ethyl vanillin)

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, MILK, SOY, WHEAT AND EGG PRODUCTS. MAY CONTAIN STEM, SHELL, PIT AND/OR SEED FRAGMENTS.

CONTAINS: CASHEWS, MILK, PEANUTS, SOY

NUTRITIONAL FACTS

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Hot Chocolate Mix

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
15 servings per container Serving size 30 g	Total Fat 33g	42%	Total Carbohydrate 15g	5%	
	Saturated Fat 4g	21%	Dietary Fiber 1g	4%	
Calories 160 per serving	<i>Trans</i> Fat 0g		Total Sugars 12g		
	Cholesterol 0mg	0%	Includes 10g Added Sugars	20%	
	Sodium 45mg	2%	Protein 3g		
	Vitamin D 1.3mcg 6% • Calcium 30mg 2% • Iron 1.2mg 6% • Potassium 100mg 2%				

INGREDIENTS: Milk Chocolate Almonds: milk chocolate (sugar, cocoa butter, whole milk, chocolate liquor, soy lecithin, vanilla), almonds, cottonseed and peanut oil, corn syrup, gum arabic, confectioners glaze., Marshmallow Truffle: milk chocolate: sugar, cocoa butter, chocolate, milk, soy lecithin (an emulsifier), sea salt, vanilla extract, sugar, palm oil, nonfat milk, milk, soybean oil, natural flavors, salt., Peanuts (canola oil, salt), Chortles: whole wheat flour, enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, high oleic sunflower oil, chocolate chips (sugar, chocolate liquor, cocoa butter, soy leithin, vanilla), invert sugar, molasses, leavening (sodium bicarbonate, monocalcium phosphate), salt, natural flavors, dextrose. White Chocolate Chunks: sugar, palm kernel and palm oil, whey powder, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), salt, and natural flavor, Pecans: canola oil, salt

Manufactured on equipment that also processes peanuts, sesame, tree nuts, milk, soy, wheat and egg products. May contain stem, shell, pit and/or seed fragments.

CONTAINS: Almonds, Pecans, Peanuts, Milk, Soy, Wheat

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Caramel Walnut Fireside Blend

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 8g		10%	Total Carbohydrate 18g
Saturated Fat 2.5g		13%	Dietary Fiber 1g	5%
<i>Trans</i> Fat 0g			Total Sugars 15g	
Cholesterol 0mg		0%	Includes 11g Added Sugars	23%
Sodium 75mg		3%	Protein 2g	
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.3mg 2% • Potassium 80mg 2%				

15 serving per container
Serving size
30 g
Calories 140
per serving

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cranberries: sugar, sunflower oil, cranberry juice from concentrate, Almonds: canola oil, salt, Glazed Walnuts: sugar, water, tapioca syrup, salt, canola oil, soy lecithin, rosemary extract., White Chocolate Chunks: sugar, palm kernel and palm oil, whey powder, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), salt, and natural flavor, Caramel Sea Salt Drops: sugar, palm kernel and palm oil, whey powder, cocoa powder, salt, natural flavor, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), and paprika extract (added for color)., Cultivated Blueberries: cane sugar, expeller pressed sunflower oil

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat, egg, and sesame products. May contain stem, shell, pit and/or, seed fragments.

CONTAINS:Almonds, Walnuts, Milk, Soy