

NUTRITIONAL FACTS

ELENI'S COOKIES

Chocolate Chip

Nutrition Facts	
About 3 servings per container	
Serving size	3 cookies (30g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 115mg	5%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 13g Added Sugars	25%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 50mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Natural Vanilla Extract), Butter, Brown Sugar, Cane Sugar, Whole Eggs, Natural Flavour, Salt, Baking Soda.
Contains Wheat, Eggs, Milk, Soy.

Eleni Gianopulos (pronounced eh-LEN-ee) came to New York City to fulfill her dream of becoming a dessertpreneur. Launching with her mom's treasured oatmeal cookie recipe, she created Eleni's—the beloved NYC bakery that continues to offer fresh, fantastic treats like her celebrated Conversation Cookies™ and these little masterpieces you've got here.

Browse our collections at elenis.com, and see where a cookie can take you!

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DESSERT IS MEANT TO BE SHARED!

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Eleni's
NEW YORK

ELENIS.COM

ELENI'S NYC, INC.
NEW YORK, NY 10003 USA

NUTRITIONAL FACTS

ELENI'S COOKIES

Oatmeal Chocolate Chip

Nutrition Facts

About 3 servings per container
Serving size **3 cookies (30g)**

Amount per serving
Calories 150

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 80mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber <1g	3%
Total Sugars 11g	
Includes 10g Added Sugars	21%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 1mg	6%
Potassium 58mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Oats, Butter, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Natural Vanilla Extract), Wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Cane Sugar, Brown Sugar, Whole Eggs, Natural Flavour, Baking Soda, Salt, Cinnamon.
Contains Wheat, Eggs, Milk, Soy.

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NUTRITIONAL FACTS

ELENI'S COOKIES

Butterscotch

Nutrition Facts

About 3 servings per container
Serving size 3 cookies (30g)

Amount per serving

Calories 150

% Daily Value*

Total Fat 7g	8%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 125mg	5%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 13g Added Sugars	27%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 18mg	0%
Iron 0mg	0%
Potassium 28mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Butterscotch Chips [Sugar, Palm Kernel and Palm Oils, Whey, Nonfat Milk, Natural Flavor, Color (Spirulina Extract, Vegetable Beet Juice, Annatto Extract), Sunflower Lecithin, Vanilla], Butter, Brown Sugar, Sugar, Egg, Natural Flavor, Salt, Baking Soda.

Contains Wheat, Milk and Egg.

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