

NUTRITIONAL FACTS

WHITE TOQUE

Potato Gratins

Description

Individual potato au gratin with thinly sliced potatoes and Emmental cheese. Imported from France.

Serving suggestion

Oven

Do not defrost before cooking. Preheat oven to 400°F. Place the frozen Potatoes au gratin on a paper-lined sheet pan in the center of the oven. Heat approximately 30 minutes.

Microwave

Place the frozen product for approximately 3 minutes in the microwave (900 W).



Nutrition Facts

40 servings per container
Serving size 1 unit (120g)

Amount per serving
Calories 110

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 3g | 4% |
| Saturated Fat 2g | 9% |
| Trans Fat 0g | |
| Cholesterol 20mg | 7% |
| Sodium 350mg | 15% |
| Total Carbohydrate 17g | 6% |
| Dietary Fiber 2g | 7% |
| Total Sugars 4g | |
| Includes 0g Added Sugars | 0% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 84mg | 6% |
| Iron 0mg | 2% |
| Potassium 331mg | 8% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

POTATO, WATER, CREAM (CREAM, STABILIZER: CARRAGEENAN), EMMENTAL, CASSAVA STARCH, WHOLE MILK POWDER, GARLIC, POTATO STARCH, SALT, THYME, LAUREL.

NUTRITIONAL FACTS

WHITE TOQUE

Porcini Mushroom Potato Gratin

Description

Individual potato au gratin with thinly sliced potatoes, porcini and Emmental cheese. Imported from France.

Serving suggestion

Oven

Preheat oven at 356°F (180°C) and cook the frozen product for 28 minutes.

Microwave

Heat the frozen product 2 minutes and 50 seconds at 900W, then leave 1 minute before consuming.



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Ingredients

POTATOES, PART-SKIM MILK, CREAM (CREAM, STABILIZER: CARRAGEENAN), EMMENTAL CHEESE (PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH, DEHYDRATED PORCINI, EGG YOLK, SALT, GARLIC, ARTIFICIAL MUSHROOM FLAVOR, MODIFIED POTATO STARCH, PEPPER, THICKENER: XANTHAN GUM.

CONTAINS MILK, EGG.

Nutrition Facts

40 servings per container
Serving size 1 unit (100g)

Amount per serving
Calories 460

% Daily Value*

Total Fat 6g 8%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 280mg 12%

Total Carbohydrate 11g 4%

Dietary Fiber 2g 7%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 76mg 6%

Iron 0mg 0%

Potassium 243mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4