

NUTRITIONAL FACTS & INGREDIENT LIST

WELLINGTONS LA

Wellingtons LA 10oz Handcrafted Salmon Wellingtons

Nutrition Facts	
Serving size 1 wellington (318g)	
Amount per serving	
Calories	910
% Daily Value *	
Total Fat 62g	79%
Saturated Fat 26g	130%
Trans Fat 0g	
Cholesterol 215mg	72%
Sodium 860mg	37%
Total Carbohydrate 52g	19%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 37g	
Vitamin D 13.2mcg	70%
Calcium 220mg	15%
Iron 21.3mg	120%
Potassium 790mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: PUFF PASTRY (ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, ASCORBIC ACID], MARGARINE [VEGETABLE BLEND OILS (PALM OIL, PALM STEARIN, SOYBEAN OIL), VEGETABLE MONO & DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE (PRESERVATIVE), CITRIC ACID, ARTIFICIAL FLAVOR, BETA-CAROTENE], WATER, CONTAINS 2% OR LESS OF: SALT, YEAST, CITRIC ACID), FARMED ATLANTIC SALMON, CREAMED SPINACH (SPINACH, SKIM MILK, SOYBEAN OIL, WATER, 2% OR LESS OF BLEACHED ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], MODIFIED CORNSTARCH, DRIED ONIONS, SALT, SEASONING [CORN MALTODEXTRIN, NONFAT DRY MILK, SALT, NATURAL FLAVOR, BUTTER (CREAM, ANNATTO), WHEY PROTEIN CONCENTRATE, LACTIC ACID], WHEY, WHEY PROTEIN CONCENTRATE, SPICES, XANTHAN GUM, SEASONING [CORNSTARCH, EXTRACTIVES OF TURMERIC AND ANNATTO (COLOR), NATURAL FLAVOR]), EGG YOLK, DILL, BLACK PEPPER, SALT, BLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)

CONTAINS: EGG, MILK, SALMON, SOY, WHEAT