

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4 lbs. Stuffed Potato Skins

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>2 PIECES (91g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>220</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 7g	<b>35%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 480mg	<b>21%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
Vitamin D 0mcg	0%
Calcium 195mg	15%
Iron 1.08mg	6%
Potassium 376mg	8%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** POTATO SKINS, CHEDDAR CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURES, ENZYMES, ANNATTO [COLOR]), COOKED BACON (CURED WITH WATER, SALT, SODIUM ERYTHORBATE, SODIUM NITRITE, MAY ALSO CONTAIN SODIUM PHOSPHATE, SUGAR, SMOKE FLAVORING, POTASSIUM CHLORIDE, DEXTROSE, HONEY, POTASSIUM LACTATE, SODIUM DIACETATE, FLAVORING, BROWN SUGAR, SPICE EXTRACTIVES), SOYBEAN OIL, SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, WHITE PEPPER.

CONTAINS: MILK

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

## Original Steak Seasoning Packet



The front of the packet features the Kansas City Steak Company logo (Established 1932) on the left. To its right are five stars and the text "ORIGINAL TASTE. IT MATTERS." Below this is the product name "STEAK SEASONING" in large, bold letters. The main body of text describes the seasoning as a delicious spice blend for steaks, roasts, and chicken, and provides cooking instructions for rare, med. rare, and medium doneness. It also includes a "GRILLING TIPS" section with advice on charcoal preparation and grill management. A "Nutrition Facts" table is located in the bottom left corner, and the ingredients list is at the bottom. The distributor information is at the very bottom.

**ESTABLISHED 1932**  
THE *Kansas City* STEAK COMPANY

★★★★★  
ORIGINAL  
TASTE. IT MATTERS.

**STEAK SEASONING**

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

<b>RARE</b> 120°F-130°F 7 MIN. > FLIP, 7 MIN.	<b>MED. RARE</b> 130°F-140°F 9 MIN. > FLIP, 7 MIN.	<b>MEDIUM</b> 140°F-150°F 9 MIN. > FLIP, 9 MIN.
--	---	--

We recommend using a cooking thermometer to accurately measure the internal temperature.

**CHARCOIL PREPARATION**

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

**GRILLING TIPS**

- ★ Grilling success is achieved by using direct and indirect heat. Whether using a gas, charcoal or wood fire grill, the technique is the same. First, sear the meat over direct heat (maximum heat). Then, place over indirect heat (reduced heat) for the remainder of the cooking time.
- ★ When preparing meat for the grill, avoid cutting it or piercing it with a fork. This causes the meat to lose natural juices and flavor.

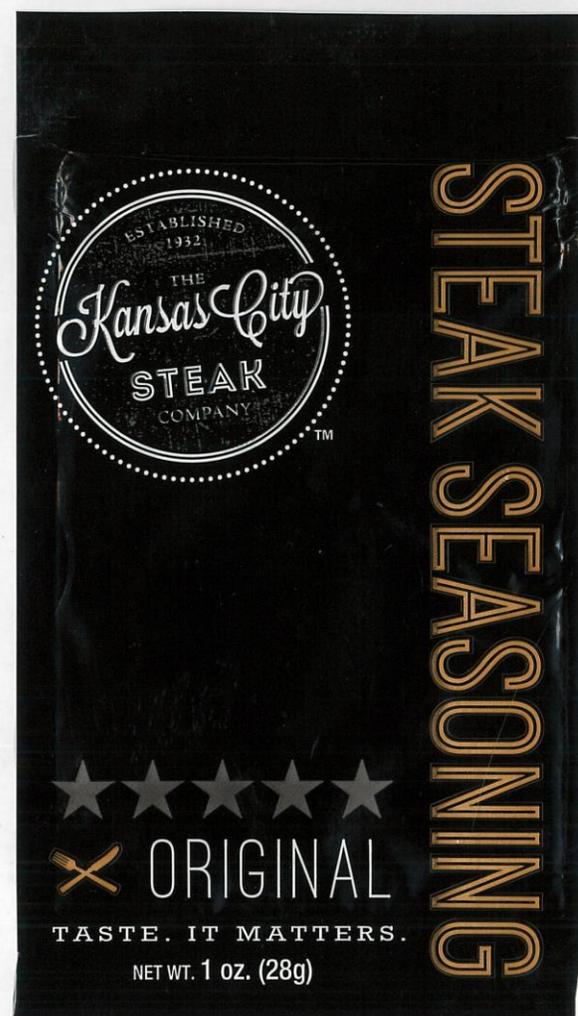
**Nutrition Facts**  
Serving Size 1/4 tsp (0.8g)  
Servings: About 35

Amount Per Serving	Calories 0	Calories from Fat 0
	% Daily Value*	
Total Fat 0g	0%	
Sodium 200mg	8%	
Total Carbohydrate 0g	0%	
Protein 0g		

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI CAKE).

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106  
kansascitysteaks.com 800 524 1844



The back of the packet features the Kansas City Steak Company logo (Established 1932) at the top left. The product name "STEAK SEASONING" is written vertically in large, bold letters on the right side. Below the logo are five stars and the text "ORIGINAL TASTE. IT MATTERS." At the bottom, the net weight "NET WT. 1 oz. (28g)" is printed.

**ESTABLISHED 1932**  
THE *Kansas City* STEAK COMPANY

STEAK SEASONING

★★★★★  
ORIGINAL  
TASTE. IT MATTERS.

NET WT. 1 oz. (28g)