

# NUTRITIONAL FACTS

CORKY'S BBQ



## 3 Lbs Breaded Chicken Tenders

with Corky's Caribbean Seasoning

| <b>Nutrition Facts</b>  |                         |
|---|-------------------------|
| Serving Size: 2 pieces (100g)<br>Servings per Container Varies  |                         |
| Amount Per Serving  |                         |
| <b>Calories</b> 170   | Calories from Fat 35    |
| % Daily Value*  |                         |
| <b>Total Fat</b> 4g   | <b>6%</b>               |
| <b>Saturated Fat</b> 0.5g   | <b>3%</b>               |
| <b>Trans Fat</b> 0g   |                         |
| <b>Cholesterol</b> 30mg   | <b>10%</b>              |
| <b>Sodium</b> 1130mg  | <b>47%</b>              |
| <b>Total Carbohydrate</b> 19g   | <b>6%</b>               |
| Dietary Fiber 1g  | <b>4%</b>               |
| Sugars 1g   |                         |
| <b>Protein</b> 14g  |                         |
| <b>Vitamin A</b> 0%   | <b>Vitamin C</b> 0%     |
| <b>Calcium</b> 0%   | <b>Iron</b> 0%          |
| *Percent Daily Values are based on a diet of 2,000 calories.<br>Your daily values may be higher or lower depending on your calorie needs. |                         |
|   | Calories 2,000 2,500    |
| Total Fat   | Less Than 65g 80g       |
| Sat Fat   | Less Than 20g 25g       |
| Cholesterol   | Less Than 300mg 300mg   |
| Sodium  | Less Than 2400mg 2400mg |
| Total Carbohydrate  | 300g 300g               |
| Dietary Fiber   | 25g 30g                 |
| Calories per gram:<br>Fat 9, Carbohydrate 4, Protein 4  |                         |

**Ingredients: Breaded Chicken Tender Fritters with Rib Meat** (Chicken Tender Fritter Containing up to 15% of a solution of Water, Seasoning [Salt, Modified Corn Starch, Monosodium Glutamate, Sugar, Corn Syrup Solids, Onion Powder, Garlic Powder, Buttermilk Powder, Natural Flavors (Including Extractives of Celery Seed), Spices, Wheat Flour], Sodium Phosphate and Hydrolyzed Soy Protein. Breaded With: Bleached Wheat Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Soybean Oil, Green Bell Pepper Powder, Paprika, Garlic Powder, Onion Powder, Maltodextrin, Yeast Extract, Natural Flavors, Hydrolyzed Corn Gluten. Battered With: Water, Bleached Wheat Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Soybean Oil, Green Bell Pepper Powder, Paprika, Garlic Powder, Onion Powder, Maltodextrin, Yeast Extract, Natural Flavors, Hydrolyzed Corn Gluten. Predusted With: Bleached Wheat Flour. Breading Set in Vegetable Oil), **Caribbean Seasoning** (Salt, Raw Sugar, Granulated Brown Sugar, Garlic, Black Pepper, White Pepper, Parsley Flakes, Thyme, Onion, Cinnamon Clove, Nutmeg, Allspice, Ginger).  
**CONTAINS: WHEAT, MILK, SOY**

# NUTRITIONAL FACTS

CORKY'S BBQ



## 3 Lbs Breaded Chicken Tenders

with Corky's Honey Smoke Seasoning

| <b>Nutrition Facts</b>   |                         |
|--|-------------------------|
| Serving Size: 2 pieces (100g)<br>Servings per Container Varies   |                         |
| <b>Amount Per Serving</b>  |                         |
| <b>Calories</b> 180  | Calories from Fat 35    |
| <b>% Daily Value*</b>  |                         |
| <b>Total Fat</b> 4g  | <b>6%</b>               |
| <b>Saturated Fat</b> 0.5g  | <b>3%</b>               |
| <b>Trans Fat</b> 0g  |                         |
| <b>Cholesterol</b> 30mg  | <b>10%</b>              |
| <b>Sodium</b> 870mg  | <b>36%</b>              |
| <b>Total Carbohydrate</b> 21g  | <b>7%</b>               |
| Dietary Fiber 1g   | <b>4%</b>               |
| Sugars 2g  |                         |
| <b>Protein</b> 14g   |                         |
| <b>Vitamin A</b> 2%  | <b>Vitamin C</b> 6%     |
| <b>Calcium</b> 0%  | <b>Iron</b> 0%          |
| *Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your calorie needs. |                         |
|  | Calories 2,000 2,500    |
| Total Fat  | Less Than 65g 80g       |
| Sat Fat  | Less Than 20g 25g       |
| Cholesterol  | Less Than 300mg 300mg   |
| Sodium   | Less Than 2400mg 2400mg |
| Total Carbohydrate   | 300g 300g               |
| Dietary Fiber  | 25g 30g                 |
| Calories per gram:<br>Fat: 9, Carbohydrate: 4, Protein: 4  |                         |

**Ingredients: Breaded Chicken Tender Fritters with Rib Meat** (Chicken Tender Fritter Containing up to 15% of a solution of Water, Seasoning [Salt, Modified Corn Starch, Monosodium Glutamate, Sugar, Corn Syrup Solids, Onion Powder, Garlic Powder, Buttermilk Powder, Natural Flavors (Including Extractives of Celery Seed), Spices, Wheat Flour], Sodium Phosphate and Hydrolyzed Soy Protein. Breaded With: Bleached Wheat Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Soybean Oil, Green Bell Pepper Powder, Paprika, Garlic Powder, Onion Powder, Maltodextrin, Yeast Extract, Natural Flavors, Hydrolyzed Corn Gluten. Battered With: Water, Bleached Wheat Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Soybean Oil, Green Bell Pepper Powder, Paprika, Garlic Powder, Onion Powder, Maltodextrin, Yeast Extract, Natural Flavors, Hydrolyzed Corn Gluten. Predusted With: Bleached Wheat Flour. Breading Set in Vegetable Oil), **Honey Smoke Seasoning** (Sugar, Salt, Paprika, Chili Pepper, Spices (Including Celery Seed), Honey, Dehydrated Onion, Dehydrated Garlic, Disodium Inosinate and Disodium Guanylate, Soybean Oil (As a Processing Aid), Natural Smoke Flavor, Extractives of Paprika, Mustard Flour, Garlic Powder, Mustard Seed, Not More Than 2% Calcium Silicate Added To Prevent Caking)

**CONTAINS: WHEAT, MILK, SOY**