

## HOW TO TREAT

### 1. TURN ON THE LASER, UNLOCK IT AND SET THE TREATMENT LEVEL (SEE PAGES 16-17).



### 2. TOUCH AND HOLD THE TREATMENT WINDOW TO THE SKIN UNTIL YOU HEAR TWO BEEPS.

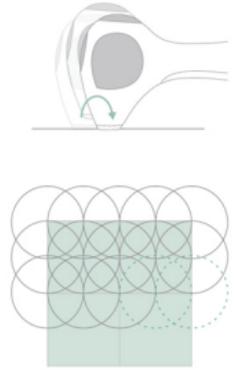
- If you do not hear beeps, make sure that the treatment window is flat against your skin. The laser will only pulse when the whole window is touching your skin.
- If you hear a buzzing tone instead of the second beep, you lifted the device from the skin before the pulse was over.
- Do not move the treatment window between the first and second beep because this will disrupt the laser pulse and reduce its effectiveness.



### 3. AFTER THE TWO BEEPS, LIFT THE LASER AND PLACE IT BACK ON THE SKIN SO THAT IT OVERLAPS THE PREVIOUS SPOT.

- Each time you reposition the treatment window, move it about half the distance of the window (about 1/4 inch or 5 mm).
- This creates an overlapping pattern in the treatment area, which ensures you cover all the hair follicles.

 Always move the treatment window to a new overlapping area after each laser pulse. Failure to do so may result in discomfort or skin heating, which could cause skin injury.



**4. KEEP GOING UNTIL YOU HAVE REACHED THE TARGET PULSE COUNT PER BODY PART.**

Use the Tria Laser 4X Pulse Counter to get the best, most accurate results. See the table below as a guide to see how many pulses you need to cover each area per treatment.

**NOTE:** When treating larger areas like legs and back, you may need more than 600 pulses to cover the area using an overlapping pattern. If so, please recharge the Tria Laser 4X and continue treating until you've covered the desired treatment area.

**5. TURN OFF THE LASER BY HOLDING DOWN THE POWER BUTTON.**

Repeat treatment every week for up to 3 months. Touch up as needed.

**NOTE:** The cooling fan may go on and off during your treatment. This is normal and nothing to worry about.

**PULSE COUNTER GUIDE\***

<b>BODY PART</b>	<b>TARGET # OF PULSES PER TREATMENT</b>	<b>APPROXIMATE MINUTES</b>
Underarms	100 per side	4-5 per side
Bikini	200 per side	8-10 per side
Upper Lip	25	2-3
Upper Leg	600 per side	25-30 per side
Lower Leg	600 per side	25-30 per side

\*Pulse counts and times are approximations.