

# HOW TO PUT TOGETHER YOUR SKINCARE ROUTINE

— Follow these steps to achieve the best skin of your life —

## RESIST FOR NORMAL TO DRY SKIN COLLECTION

### 1 | CLEANSER



Optimal Results  
Hydrating Cleanser

### 2 | TONER



Advanced  
Replenishing Toner

### 3 | EXFOLIANT



Daily Smoothing Treatment  
Weekly Resurfacing Treatment

### 4 | TREATMENT



Super Antioxidant  
Concentrate Serum

### Day and Night 5 | MOISTURIZER



AM: Cellular Defense Moisturizer  
PM: Barrier Moisturizer

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— Follow these steps to achieve the best skin of your life —

## RESIST FOR NORMAL TO OILY SKIN COLLECTION

### 1 | CLEANSER



Perfectly Balanced  
Foaming Cleanser

### 2 | TONER



Weightless Advanced  
Toner

### 3 | EXFOLIANT



Daily Pore-Refining Treatment  
Weekly Retexturizing Treatment

### 4 | TREATMENT



Ultra-Light Super Antioxidant  
Concentrate Serum

### Day and Night 5 | MOISTURIZER



AM: Daily Wrinkle Defense  
PM: Anti-Aging Skin Hydrator