

Red Light Therapy Mask: Series 2 FAQs

1. How many LEDs does the Red Light Therapy Face Mask: Series 2 have?

The Series 2 LED face mask features 236 bulbs:

110 red (633nm) LED bulbs

110 near-infrared (830nm) LED bulbs

16 deep near-infrared (1072nm) LED bulbs

2. What does deep near-infrared LED light do for your face?

The Series 2 Mask uses 236 LEDs with wavelengths of 633nm (red), 830nm (near-infrared), and 1072nm (deep infrared) that have been shown to address the visible signs of aging.

3. Is the Series 2 LED Mask more powerful than the Series 1?

Power alone doesn't determine the effectiveness of LED masks. To determine the quality and effectiveness of an LED mask, it's important to also look at the wavelength precision, LED light coverage and treatment time.

Despite having the same power density (or irradiance) as the original mask (30 mw/cm²) and a convenient 10-minute treatment time, the Series 2 LED Mask is designed to offer enhanced wavelength precision and coverage for optimal results.

4. How do I use the LED face mask?

Step 1: Perform a sensitivity test (see additional information in the user manual provided with purchase).

Step 2: Wash and dry your skin completely. Apply a few drops of CurrentBody Skin Green Tea Serum or Hydrogel Sheet Masks to enhance results.

Step 3: Attach and adjust the double strap around your head.

Step 4: Turn on your device. Sit back and relax for your 10-minute treatment.

Step 5: Remove the device and wipe it dry.

Step 6: Store your device safely in the protective bag.

5. How often should you use the LED face mask for best results?

We recommend using the LED mask 3 to 5 times a week for 10 minutes.

6. Is it possible to use the LED face mask more than the recommended amount?

Yes, although there is no evidence that longer than the recommended treatment duration is effective.

7. Is the LED face mask painful to use?

The device is designed to be comfortable and should not generate heat or cause discomfort.

8. How long will it take to see results from the red-light mask?

Results can be seen in as little as 4 weeks when used regularly for 10 minutes a day, 3 to 5 times a week. While effective on its own, the CurrentBody Skin Hydrogel Face Masks or CurrentBody Skin Green Tea Serum have been designed to be used with or alongside the CurrentlyBody LED mask.

9. Is the LED mask suitable for all skin types?

Yes, the LED face mask has been designed to be used by all skin type.

10. How are the LEDs in the mask tested for guaranteed quality and maximum results?

This Series 2 Current Body Mask features Veritace, our unique end-end production and testing system that ensures only quality and precise LEDs power our technology.

11. If I use my skin care at night, do I need to wash my face in the morning before using this?

Yes, the mask should only ever be used on clean, dry skin, free from any skincare.

12. Does red light therapy mask damage eyes in any way? Are goggles needed to protect the eyes?

Eye inserts are optional for comfort and convenience during use.

13. How do you clean it?

You can wipe it down with a dry or slightly damp cloth. Avoid sprays or direct liquid contact.

14. Red light makes hair grow. Will this make my facial hair grow, especially in places where I don't want it growing and have had it removed (chin, upper lip, etc.)?

No, an LED face mask won't make facial hair grow.