

How often should I use Pro Gel / when should I use Pro Gel?

Use 2x a day, each time you brush.

How do I use Pro Gel?

Dispense one pump or a pea-sized amount onto your toothbrush and then apply your normal amount of toothpaste on top and brush away! Always use Pro Gel with your toothpaste, never use Pro Gel on its own.

How do I get Pro Gel started?

The first time you use the Pro Gel, you will need to prime the pump by repeatedly pressing down a few times until the airless pump works the gel up and out the dispenser. Once primed, simply press the pump down once to dispense the perfect dose.

Is it safe to swallow?

After brushing, spit out and rinse as you normally would. **Do not swallow.**

Are there any restrictions after using Pro Gel?

You cannot eat, drink or brush for 20 minutes after application as the gel is still working.

What if I experience sensitivity?

Smileactives Pro Whitening Gel whitened teeth with little or no sensitivity, however if you do experience sensitivity, discontinue use for a few days and then restart with one use a day. You can also try using less Pro Gel on your toothbrush.

If I stop using Pro Gel will my stains return?

Whitening your teeth needs to be a daily process to help address the daily staining that naturally occurs.

Why can't I just use a whitening toothpaste? Why is Pro Gel better than the original Power Gel?

Many whitening toothpastes use a physical abrasive to remove stains, which can be harmful to your teeth's enamel. Pro Whitening Gel contains 33% more whitening power than original Power Gel.

Can I use the gel on dental work?

Yes, Pro Gel is safe to use on dental work. It will help remove surface stains, but it cannot make it whiter than its original shade.

Is Pro Gel safe?

Pro Gel is suitable for use on enamel and dental work.

Is there anyone that shouldn't use Pro Gel?

We recommend to not use if you are pregnant or nursing.

I get my teeth professionally whitened with my dentist, or I use trays and/or strips occasionally. Can I use Pro Gel also while I'm doing this?

Yes, Pro Gel is made and safe to be used daily. It is recommended to discontinue use of the Pro Gel for a few days prior to using trays, strips or the in-office treatments to avoid any sensitivity.