

## **FAQ: ELEMIS Pro-Collagen Skin Future Supplements:**

Q. What is in here?

A. Rice Flour

Chlorella Powder (Sulphites)

ExceptionHYAL® Star – Hyaluronic Acid Sodium Salt

SkinAx2™ – Champagne Grape Seed Extract, Vitamin C [Ascorbic Acid], Zinc Citrate, Melon Concentrate

Vitamin C (Ascorbic Acid)

Bamboo Extract (75% Silica)

Vitamin A (Retinol Acetate)

Capsule Shell (HPMC)

Q. What is not in here?

A. These are free from Nuts, Dairy, GMOs, Artificial Sugars, and Synthetic Fillers or Binders

Q. Do these contain Collagen?

A. There is no Collagen within the formula, rather Vitamin-C that promotes collagen formation.

Q. If I'm already taking Collagen already, can I take these as well?

A. Yes. There is no Collagen in the formula, rather Vitamin-C that promotes collagen formation

Q. What is the Capsule coating made of?

A. HPMC, Hydroxypropyl Methylcellulose

Q. What is the shelf-life of these Supplements?

A. These have a 3-year shelf-life unopened.

Q. How do I take these?

A. Take 2 Capsules once a day, with water.

Q. What time of the day should I take these?

A. Any time of day that suits your lifestyle.

Q. Do I take both Capsules at the same time or once in the morning and once in the evening?

A. Take both Capsules together. Morning or evening is up to you. We have split the perfect amount of formula into 2 easy-to-swallow capsules.

Q. Do I have to take the Capsules with water? Or can it be any liquid?

A. Water is recommended, but any liquid will do.

Q. Do I need to take these with food?

A. No, you do not need to take with food, but you can.

Q. Do I chew these, or do I swallow them?

A. Swallow

Q. Can I pour these into my drink or sprinkle them onto my food?

A. We recommend swallowing as-is. However, you could dispense the contents of the capsules into your blender and blitz it in your daily smoothie.

Q. What ages can start taking these?

A. We recommend 18+

Q. What skin types are these for?

A. All Skin Types.

Q. Can I take these long-term?

A. Yes

Q. Can I take these if I'm on other medications or have any medical conditions?

A. Please consult your personal physician before taking any Supplements.

Q. How many Capsules are in each jar?

A. Each jar contains 60 Capsules.

Q. How long would 1 jar last?

A. Each jar is a 30-day supply.

Q. Is the jar recyclable?

A. Yes, the jar & cap are both fully recyclable.