

LEARN TO USE YOUR Conture®

USING THE **CONTURE SYSTEM** IS EXTREMELY EASY

1



START WITH CLEAN SKIN

Conture works best on a clean skin surface, so make sure to cleanse your face thoroughly before use.

2



SELECT YOUR FOCUS AREA

Decide where to focus your treatment on the face and neck: jawline, jowls + cheeks toning; forehead + brow toning; or neck + décolleté.

3



TURN ON DEVICE/SELECT SETTING

Press the power button on the back of the Device and choose the best mode or your focus area. **"FACE"** is the default setting and works for most focus areas.

4



STONE TREATMENT AREA

Slowly glide the Device upwards in an arch from the lower brow to the area near the hairline, gliding the Device approximately every 3–5 pulses, or a maximum of 5 seconds before each glide. Repeat this as many times as needed to fully cover treatment area. TIP: Ensure Treatment Head is firmly pressed against the skin to create a vacuum seal.

5



ENJOY YOUR PERFECT SKIN

Complete your treatment by applying your own desired lotion or crème. Maintain the look and feel of toned skin with continuous use of the Conture Kinetic Skin Toning System.