

PRO POLISH Microdermabrasion Device FAQ

1. What is the PRO POLISH Microdermabrasion Device, and who should use it?

PRO POLISH is a skin exfoliation tool, inspired by professional exfoliation machines Dr. Lancer uses at the Lancer Dermatology Clinic. It combines diamond tip technology with vacuum suction, to bring you an at-home microdermabrasion experience. PRO POLISH microdermabrasion helps remove dry dead cells featuring a combination of exfoliation and vacuum suctioning, leaving skin more radiant, smooth, rejuvenated, and glowing.

PRO POLISH can be used by those looking for skin that GLOWS! It is a resurfacing treatment that can be used in the privacy of their home.

2. What results can I expect to see after using PRO POLISH Microdermabrasion Device?

PRO POLISH helps remove dry dead cells and surface flaws, to even skin tone, help refine the look of pores, improve the appearance of fine lines and wrinkles for brighter, smoother, and softer skin. Moreover, regular microdermabrasion treatments help make it easier for skincare products to achieve their maximum benefit.

3. Why does PRO POLISH have a swivel neck?

The swivel neck allows the tip of the PRO POLISH to be positioned straight or at an angle, which helps to comfortably target hard to reach areas of the face and body.

4. Why is there a filter in the PRO POLISH, and how often should I change it?

A filter must always be installed while using the PRO POLISH because it captures dead skin so the device stays in good working condition. The filter must be changed after each use. Dispose of the used filter and replace it with a new one.

To change the filter, gently twist and pull the diamond tip straight up and off the device. Locate the small plastic bag of filters and remove the enclosed tweezers. Using the tweezers, remove the used filter and replace it with a new filter.

5. What if I do not see any dead skin on the filter after treating my face?

Please note that the amount of dead skin on the filter is not an indicator of how well the device is working. Not everyone will see dead skin on the filter; this does not mean that your PRO POLISH is not working – many factors are at play, such as the climate in which you live and your skin type. Those living in more humid climates, or those with oilier skin, will see less dead skin on the filter. Also, the filter must be changed after each use, even if it does not appear to be dirty.

6. How should I clean the PRO POLISH diamond tips?

Always make sure to remove your diamond tip after use and sanitize by cleaning it with your preferred facial soap and a soft brush – a toothbrush is perfect. Rinse and allow to air dry before the next use.

7. How does PRO POLISH fit into my skincare routine? What products should I use with it?

Always use PRO POLISH in the evening, 1 – 2 times per week. Start by using PRO POLISH on clean, dry skin. Afterward, cleanse your skin with The Method: Cleanse, and follow with The Method: Nourish. On evenings you use PRO POLISH, do not use The Method: Polish, or any other exfoliating products.

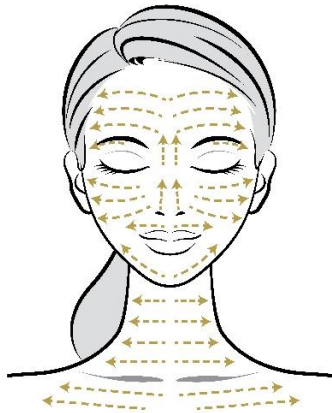
8. I have never used PRO POLISH before. What usage recommendations do you have for beginners?

Read the entire PRO POLISH Microdermabrasion Device Instruction Booklet, for important product information.

Start on the lowest suction setting by pressing the power button once. Then, practice on the back of your hand by making a fist and bending your fist downward, to pull your skin taut. Gently sweep the PRO POLISH in short, upward strokes from your knuckles toward your wrist.

When using PRO POLISH, always make short, gliding upward strokes. Do not press the tip into your skin, let the suction do the work for you. Always keep the device moving along your skin, do not hold it still on any part of your skin. Do not go over any part of the skin more than 2 to 3 times in one treatment session.

9. How do I use PRO POLISH on my face, neck and décolleté?



Cheeks: Hold skin taut, by the side of your nose. Sweep the device from the center of the face, outward and upward. Start at the top of your cheek bone, avoiding the delicate skin under the eye. Work in overlapping strokes, being sure not to go over the same spot more than 2 to 3 times.

Forehead: Hold skin taut and sweep the device from the center of the forehead, outwards. Use it all the way up to your hairline.

Eye Area: In the area between your eyebrows, work in short, upward strokes. Under your eyebrows, stay on the brow bone, working from the center, outwards. On crow's feet, hold skin taut and use short, upward strokes. When using the PRO POLISH around the delicate eye area, never get too close to the eyes. Work on the orbital bone, or further from the

eyes. Do not pass the orbital bone.

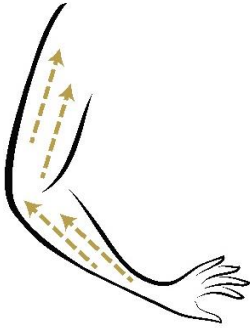
Chin: Hold skin taut and glide the device from the center, outwards and upwards.

Nose: Work in short, upward strokes. Carefully cover all the contours of your nose.

Lips: Place your tongue behind your lips to help make the skin taut, then glide the device from the center, outwards.

Neck and décolleté: Holding skin taut, glide the device from the center of the neck, outwards. On décolleté, hold your skin taut while working from the center, outwards.

10. How do I use PRO POLISH on my body?



On the body, hold skin taut while gliding the device in short, upward strokes. As you use the device on different parts of your body, adjust the swivel neck to your preferred angle, to comfortably target hard to reach areas.

Use the PRO POLISH on especially dry areas of the body including elbows, knees and heels, to remove dead skin.

11. Is it normal for skin to be pink or flushed after use?

Yes, it is normal for skin to be pink or flushed after using PRO POLISH. This is common after any microdermabrasion treatment and should subside shortly.

12. Why did I get a red mark and/or my skin bruised?

These would be rare occurrences. If this does happen some of the reasons may be:

- You did not hold your skin taut
- You applied too much pressure when passing the diamond tip over your skin
- You went over the same area more than the recommended 2 to 3 times
- You held the device over the same area too long rather than continually moving it along your skin
- You are gliding the device too slowly
- You have recently had a skin peel
- You have a contraindicated medical condition – see the contraindications below

13. Are there any contraindications for the PRO POLISH Microdermabrasion Device?

Consult your doctor if you have any of the following conditions before using the PRO POLISH Microdermabrasion Device:

- Undiagnosed lesions
- Active eczema
- Psoriasis lesions
- Herpes
- Recent herpes outbreak
- Warts
- Sunburn
- Active rosacea
- Unstable diabetes mellitus
- Disorders of the autoimmune system
- Pregnancy
- Skin cancer

- Vascular lesions

FOR EXTERNAL USE ONLY.

DO NOT USE if you are taking oral or other blood thinners (anti-coagulants).

NOT SUITABLE for delicate private body areas, eye area (past the orbital bone), or use on broken or damaged skin.

KEEP OUT OF REACH OF CHILDREN.

Information provided by Lancer Skincare