

Wen Girl Cleansing & Styling Recipe Cards



Sandra
Thin/Fine/Straight
32 oz. Cleansing Conditioner
 4 pumps per cleanse
 3x a week

Leave-In Conditioner
 1 pumps

Styling Creme
 2 pumps

Nourishing Mousse
 20 pumps

Re-Moist Hair Mask
 1x per week



Jody
Thin/Fine
32 oz. Cleansing Conditioner
 6 pumps per cleanse
 3-4x's a week

Leave-In Conditioner
 1 pump

Styling Creme
 3 pumps

Nourishing Mousse
 24 pumps

Re-Moist Hair Mask
 1x per week



Kate
Thin/Fine/Wavy
32 oz. Cleansing Conditioner
 17 pumps per cleanse
 2x a week

Leave-In Conditioner
 1 pump

Styling Creme
 2 pumps

Nourishing Mousse
 24 pumps

Re-Moist Hair Mask
 2x per week



Bonnie
Fine/Straight
32 oz. Cleansing Conditioner
 6 pumps per cleanse
 3-4x a week

Leave-In Conditioner
 2 pumps

Styling Creme
 4 pumps

Nourishing Mousse
 25 pumps

Re-Moist Hair Mask
 1x per week



Louann
Normal/Coarse
32 oz. Cleansing Conditioner
 8 pumps per cleanse
 2-3x a week

Leave-In Conditioner
 2 pumps

Styling Creme
 4 pumps

Nourishing Mousse
 24 pumps

Re-Moist Hair Mask
 1x per week



Taylor
Normal
32 oz. Cleansing Conditioner
 6 pumps per cleanse
 4x a week

Leave-In Conditioner
 2 pumps

Styling Creme
 6 pumps

Nourishing Mousse
 30 pumps

Re-Moist Hair Mask
 1x per week



Brooke
Normal/Wavy
32 oz. Cleansing Conditioner
 14 pumps per cleanse
 5x's a week

Leave-In Conditioner
 3 pumps

Styling Creme
 6 pumps

Nourishing Mousse
 40 pumps

Re-Moist Hair Mask
 1x per week



Carol
Normal/Coarse
32 oz. Cleansing Conditioner
 12 pumps per cleanse
 Every 5 days

Leave-In Conditioner
 6 pumps

Styling Creme
 8 pumps

Nourishing Mousse
 45 pumps

Re-Moist Hair Mask
 1x per week



Amy
Normal
32 oz. Cleansing Conditioner
 8 pumps per cleanse
 2x a week

Leave-In Conditioner
 2 pumps

Styling Creme
 4 pumps

Nourishing Mousse
 32 pumps

Re-Moist Hair Mask
 1x per week



Kat
Normal/Coarse
32 oz. Cleansing Conditioner
 12 pumps per cleanse
 1-2x's a week

Leave-In Conditioner
 2 pumps

Styling Creme
 4 pumps

Nourishing Mousse
 30 pumps

Re-Moist Hair Mask
 1x per week



Tracey
Normal/Thick
32 oz. Cleansing Conditioner
 16 pumps per cleanse
 1x a week

Leave-In Conditioner
 2 pumps

Styling Creme
 6 pumps

Nourishing Mousse
 32 pumps

Re-Moist Hair Mask
 1x per week



Rebekah
Wavy/Curly
32 oz. Cleansing Conditioner
 10 pumps per cleanse
 4x a week

Leave-In Conditioner
 4 pumps

Styling Creme
 8 pumps

Nourishing Mousse
 40 pumps

Re-Moist Hair Mask
 3x per week



Wendy
Textured/Curly
32 oz. Cleansing Conditioner
 8 pumps per cleanse
 2x a week

Leave-In Conditioner
 4 pumps

Styling Creme
 8 pumps

Nourishing Mousse
 45 pumps

Re-Moist Hair Mask
 2x per week



Lindsay
Thick/Curly
32 oz. Cleansing Conditioner
 12 pumps per cleanse
 1x a week

Leave-In Conditioner
 6 pumps

Styling Creme
 8 pumps

Nourishing Mousse
 50 pumps

Re-Moist Hair Mask
 1x per week