

TAKE
control
OF YOUR
FOOD

SEEDSHEET SALADS KIT

WE'RE HERE TO HELP YOU TURN YOUR
STOOP OR DECK INTO YOUR OWN
PERSONAL FARMERS MARKET!

1



REGISTER YOUR SEEDSHEET FOR
HELPFUL PERSONALIZED TIPS THAT
WILL BE TEXTED TO YOU! SIMPLY
TEXT "SALADS" TO:

1-518-310-4927, OR GO TO:

WWW.SEEDSHEETS.COM/REGISTER

2



FILL UP YOUR BLUE FABRIC CONTAINER
TO THE BRIM WITH A MOIST
HIGH-QUALITY POTTING SOIL MIX.
GENTLY PAT THE SOIL WITH YOUR HAND
SO THE SURFACE IS FLAT AND EVEN.
PLACE THE SEEDSHEET
SEED-SIDE-DOWN ON THE SURFACE
AND SECURE WITH INCLUDED STAKES.

3



SCREW THE INCLUDED GREEN WATERING
NOZZLE ONTO A WATER BOTTLE. 1 LITER
SELTZER BOTTLES WORK GREAT, AND IF
YOU DON'T HAVE ONE, GO DRINK SOME
SELTZER!

IMPORTANT PLANT YOUR SEEDSHEET
WITHIN THE RECOMMENDED PLANTING
TIME ON THE BACK OF THE PACKAGING

4



TO WATER YOUR SEEDSHEET FOR THE
FIRST TIME, FIRST PLACE THE FULL
FABRIC CONTAINER IN A SINK TO DRAIN
EXCESS WATER. USING THE 1L BOTTLE
AND MISTING NOZZLE, GENTLY AND
GRADUALLY SQUIRT WATER OVER EACH
POD UNTIL THE MATERIAL COMPLETELY
DISSOLVES.

5



CONTINUE TO EVENLY AND GENTLY
WATER EACH POD AFTER THE POD
MATERIAL HAS FULLY DISSOLVED, UNTIL
YOU USE THE ENTIRETY OF THE 1L
BOTTLE OF WATER. THE SOIL CONTAINED
INSIDE OF THE PODS SHOULD BECOME
NOTICABLY SATURATED, AND IT IS FINE
IF A LITTLE SOIL SPILLS OUT.

6



PLACE YOUR CONTAINER **INDOORS** IN A SAFE SPACE,
AND WATER DAILY EACH MORNING TO KEEP THE PODS
MOIST UNTIL THE SEEDS GERMINATE. ONCE FIRST
PLANTS SPROUT, MOVE YOUR GARDEN **OUTSIDE** INTO
FULL SUNLIGHT, AND CONTINUE WATERING DAILY
UNTIL ALL PLANTS SPROUT. BRING YOUR GARDEN
INDOORS IF TEMPS FALL BELOW 40°F, OR IF RAIN OR
WIND STORMS ARE FORECASTED.

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FOLLOW THE TEXT MESSAGE
NOTIFICATION TUTORIALS FOR
COMPLETE THINNING, FERTILIZING, AND
HARVESTING INFORMATION. IF YOU HAVE
ANY QUESTIONS, DON'T HESITATE TO
CONTACT [SUPPORT@SEEDSHEETS.COM!](mailto:SUPPORT@SEEDSHEETS.COM)

HAPPY GARDENING!!