My Pillow®

Guaranteed The Most Comfortable Pillow You’ll Ever Own! ®
Adjusting MyPillow® for YOUR Perfect Fit!

• Before first use: Place in dryer for 10-15 minutes with a damp wash cloth to activate the Patented interlocking fill.

SIDE SLEEPER

Adjust the pillow for your exact individual needs. The patented fill will lock into place.

BACK SLEEPER

When laying on your back, bunch MyPillow® under the curve of your neck to get the right amount of support for you as an individual.
MyPillow® Washing and Drying Instructions

WASH
• Cold regular cycle (NOT DELICATE).
• Use half the recommended amount of any detergent.
• Use extra spin cycles to lessen drying time.

Top Loading Machines
• Place two pillows in washer to balance.
• If only 1 pillow, balance with towels.

Front Loading Machines
• Wash pillows with a full load of laundry.

DRY
• Tumble dry on HIGH heat.
• No dryer balls or fabric softeners.
• Do not worry about over-drying.

FREQUENCY
We recommend laundering every 4 months.
or as often as needed.