

# Supplement Facts

Serving Size 1 Level Scoop (7g)

Servings 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories 20		Magnesium (as Magnesium Oxide) 50 mg	12%
Total Fat 0.5 g	<1%**	Zinc (as Zinc Gluconate) 13 mg	118%
Total Carbohydrate 4 g	1%**	Selenium (as Sodium Selenate) 20 mcg	36%
Vitamin A (as Retinyl Palmitate) 300 mcg	33%	Sodium 260 mg	11%
Vitamin C (as Ascorbic Acid) 60 mg	67%		
Vitamin D (as Ergocalciferol) 15 mcg	75%	Medium Chain Triglycerides (MCT's from Coconut Pulp) 500 mg	†
Thiamin (as Thiamin Mononitrate) 1.4 mg	117%	Cognizin® Citicoline 250 mg	†
Riboflavin 3.2 mg	246%	Curcuminoids (from Turmeric Root) 200 mg	†
Niacin (as Niacinamide) 18 mg	113%	Acetyl-L-Carnitine Hydrochloride 250 mg	†
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride) 4 mg	235%	Organic Caffeine (from Camellia sinensis) Leaf Extract 50 mg	†
Folate (600mcg folic acid) 1020 mcg DFE	255%		
Vitamin B <sub>12</sub> (as Cyanocobalamin) 6 mcg	250%		
Biotin 120 mcg	400%		
Pantothenic Acid (as d-Calcium Pantothenate) 7 mg	140%		
Calcium (as Calcium Carbonate) 266 mg	20%		
Iodine (as Potassium Iodide) 150 mcg	100%		

\*\* Percent Daily Values (% DV) are based on a 2000 calorie diet

† Daily Value not established

**OTHER INGREDIENTS:**

CRYSTALLIZED ORANGE JUICE, ORGANIC ACACIA GUM, NATURAL FLAVORS, LESS THAN 2%: RICE HULLS, MONK FRUIT EXTRACT, STEVIA LEAF EXTRACT