

discover
slim

discover
shape

discover
support

genie
hourglass™
WAIST TRAINING BELT

GENIE WAIST TRAINER

VISUAL GUIDELINES

The waist belt is designed to fit under your bra and sit right at your hips.

Shorter torsos may experience a different fit.

Comfort levels will vary.

Follow guidelines as shown.

FIT RECOMMENDATION



Hourglass

★★★★★

Measure true size



Apple

★★

Size up



Pear

★★★

Size to comfort



Inverted Triangle

★★★★

Size down



Rectangle

★★★

Size to comfort

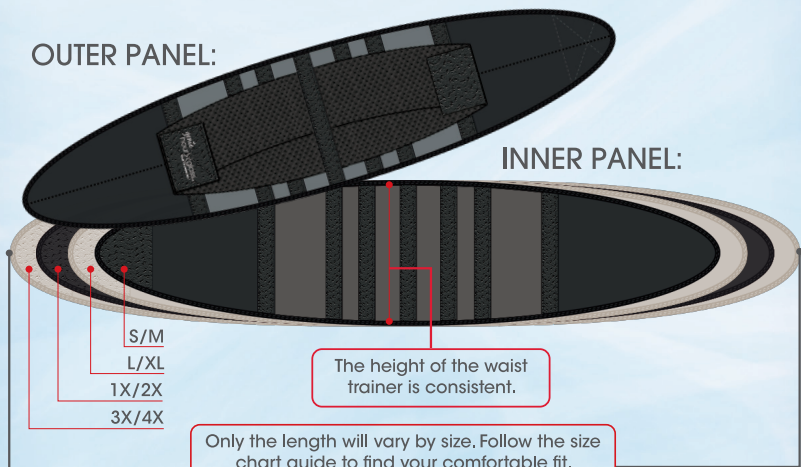
★ Stars = best performance

HOW TO PUT ON AND ADJUST THE WAIST TRAINER

YOUR RIGHT SIZE:

OUTER PANEL:

INNER PANEL:



S/M
L/XL
1X/2X
3X/4X

The height of the waist trainer is consistent.

Only the length will vary by size. Follow the size chart guide to find your comfortable fit. Thicker middle sections might want to size up.

Genie Hourglass

S/M

L/XL

1X/2X

3X/4X

Natural Waistline

23-31

32-39

40-47

48-55

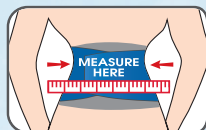
Pants Size

0-6

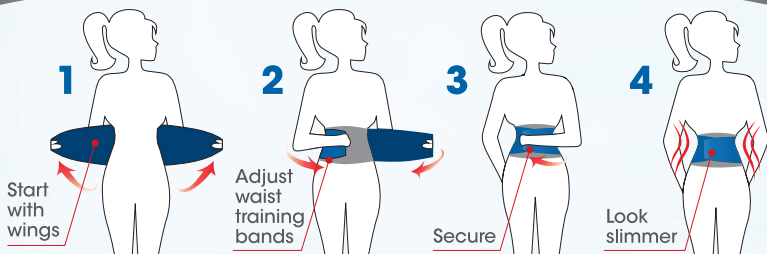
8-16

18-26

28-36

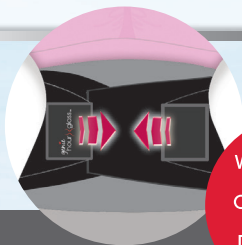


TWO STEPS TO 2 SIZES SLIMMER



Tips for best fit:

The waist trainer has dual compression bands. Start with wings on side and move toward front per desired compression.



WEAR UNDER
LOOSE
CLOTHES FOR
MOST
DISCRETE FIT.



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